

Q: What are the different forms of gender based violence and in your opinion, what could be the workable strategies to eliminate gender based violence from Pakistani Society?

Answer

1- Introduction

"Violence is the last refuge of incompetent." Isaac Asimov this famous quote indicates that the weak and useless person can do violence against another ~~weak~~ gender due to his/her role in a society. Gender based violence can be in the form of domestic, psychological, physical, sexual and emotional. Every form has its own detrimental effects over the survivors of the violence. In developing countries like Pakistan GBV are rampant. However, some effective measure can minimize its adversity. Which includes, Provide education to ^{the} girls, invest in women empowerment fully implement ^{of} the women rights etc. in the country.

2- Overview of Gender Based Violence

Gender based violence is the sexual and emotion, which can be physical, psychological and status, "Person. According to Gelles and act which has done to hurt another gender intentionally."

Globally, one girl from three, experience violence and abuse in the lifetime. **35%**

of women around the world faced sexual violence from intimate partner and non-intimate partner.

Moreover, Globally **7%** women sexually assault other than their partners. Furthermore,

38% women are murdered by their husbands

and **200 million** women suffered from genital mutilation across the globe.

In addition to it, "Pakistan **70%** of married women have experienced some form of physical and sexual violence from their husbands

More than **5,000** honour killings cases report each year and more than **100** cases of acid attack report every year in Pakistan

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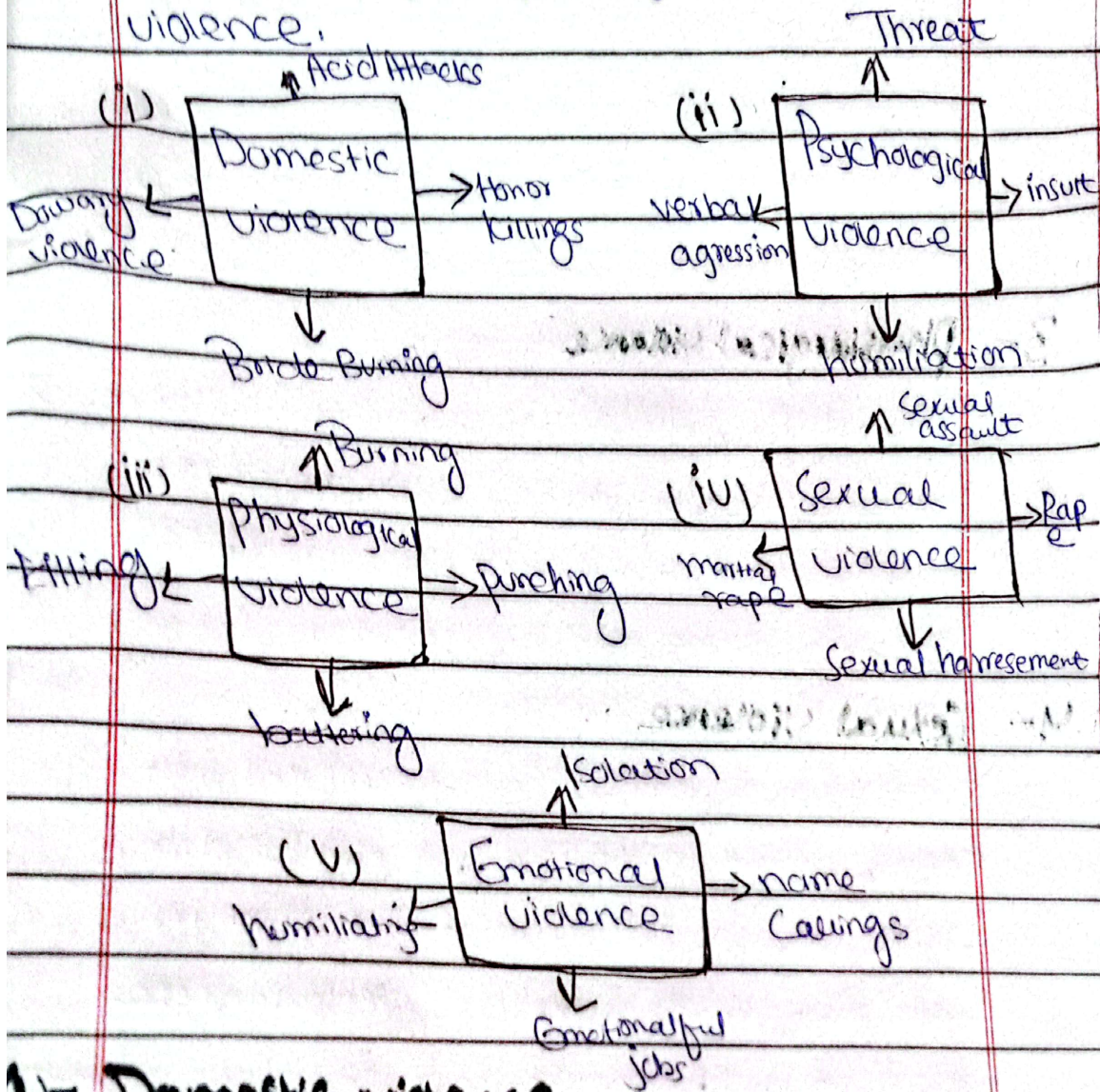
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Attacks

3. Form of Gender-Based violence

There are five form of Gender-Based violence.



1- Domestic violence

It is one of the forms of violence which has been done in the boundary of home.

Domestic violence has many reasons such as the women did not bring dowry to the husband home. Women are not economically independent etc are cause of this violence.

2- Psychological violence

All forms of violence are suffered by women because of the patriarchal society and male dominance in the homes. This form of violence torments the person's psyche. It can be done through threat, insult and verbal aggression etc.

3- Physiological violence

This form of violence very often can be observed. It hurts the women physically. It has also multiple reasons. It can be done through punching, hitting, and beatings etc.

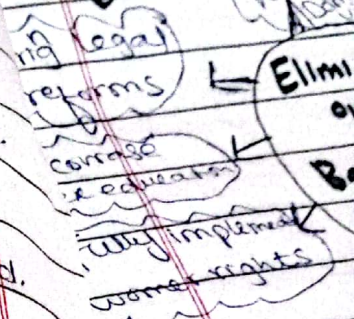
4- Sexual violence

This form of violence have experienced most of the women in ^{their} lifetime. This can be done by the intimate partners and other person in work place, road, home and restaurant etc. It will be in the form of rape, sexual harassment and marital rape etc.

5- Emotional violence

Emotional violence is mostly seen in the pink collar jobs and inside the home. This violence can be done through name calling, isolation and through jobs etc.

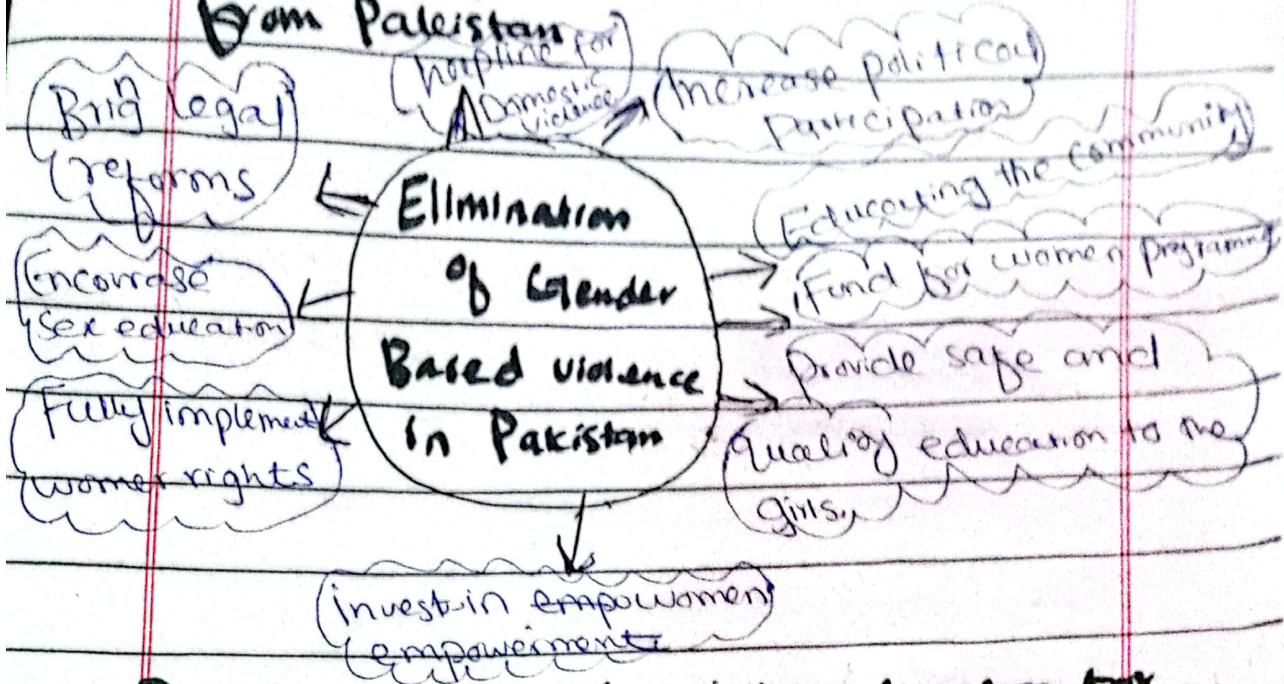
- Elimination of Gender Violence from Pakistan



1. Prevention

4- Elimination of Gender based violence

From Pakistan



1. Provide safe and quality education for girls

Women are the most affected to the GBV so it is eliminate from Pakistan when every girl access to education.

In Pakistan 22.5 million children are out of school, majority of them are girls.

If this ratio decreased so violence automatically reduced too.

Invest in women Empowerment

Through different funds and programmes women can be empowered which help

them to safe themselves from different form

of violence. Pakistan ranks fourth worst country for women according to women, peace, and security index.

3 Bring legal reforms

There are many violence which are not visible to the public and even government doesn't stand right on them. And also the existing ~~legislation~~ laws are not strong enough to provide justice to the victims. Therefore, strong and strict legal reforms are really need to eliminate GBV from Pakistan.

4- Domestic helplines

Many women face domestic violence throughout the year. They don't access to the police station. As a result they bear the pain due to this issue it is important to provide domestic helplines, so the victims can easily safe themselves.

Sex education

Sex education is considered a taboo in Pakistan. Sex education is crucial to educate the women and men to know the repercussion of violence and women will learn the safety measures and their right through sex education.

Increase Political Participation

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6. **Increase political participation**

Women participation is Pakistani politics is

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very less. It can be covered. Women's related issues are rampant in country. Therefore, women can easily solve their issue while taking part in the legislation of the country. It is the responsibility of the government to ensure the participation of women in political domains.

Educating the Community

In Pakistan literacy rate is only 69.1%. Half of the population is illiterate. Therefore, they considered women their prosperity and do many sort of violence. Through campaigns and awareness programs people will come educated about related issues.

Full implementation of women rights

Pakistan is Islamic country. Islam has given many rights to the women. With Islamic laws there are national and international laws regarding women in the country. However their implementation is neglected. It is important to executive all the rights of women fully.

This leads to the reduction of GBV in Pakistan and the women will spend a peaceful life.

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Conclusion

Gender based violence is indeed a serious of Pakistan. Most of the cases are unreported and unknown to the government in the country.

As a result, it is important to figure out all violences against women and formulate vibrant policies to eradicate the problem from the

country. Sharmeen Obaid Chinoy has found the cases of acid attacks and honour killings through their documentaries.

Which help ~~to~~ government to speed up the legal laws ^{the} from above mentioned violence.

Through ~~the~~ collective cooperation of government, NGOs, activists and filmmakers GBU violence can be resolved and Pakistan will become a safe haven ^{for} the women.