

Day: _____

Date: _____

Topic: Self-belief is half the battle; self doubt is the other:

Outline

1. Introduction
2. Crunch Paragraph
3. Individual's self determination and self doubt decides the success or defeat:
 - a- Individual's naturally developed attributes of self confidence and doubt
 - b- Individual's decisions depends on his/her self belief or doubt
 - c- Family as a factor glorifying one's self belief or suppressing it
 - d- Up bringing of an individual by his family teaching self confidence or limitations
 - e- Attribute of relatives towards an individual affecting his confidence
4. Contribution of Society & Profession towards an individual's confidence building
 - a- Social interaction of individual and his cognitive development
 - b- Societal criticism while expressing determination or doubt
 - c- Professional links and self determination or doubt
 - d- Social acceptance of an individual's profession contributes confidence or self doubt and discourage
 - e- Choosing profession as self determination or doubt
5. Broader aspects contribute towards

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the self determination or doubt and ultimately lead to success or defeat of an individual:

- a- Educational institutes develop self belief or doubt
 - b- Religious teachings and acceptance of individual's decision
 - c- Political scenario and inspiration for individual's decision making
 - d- History as an influencing factor for individual's self confidence or doubt
 - e- Environmental factor and one's self confidence or self doubt to be succeed or defeated
- f- Conclusion: