

Only healthy population can be an asset for a country

## Outline

1) Introduction

(Thesis statement)

2) ~~Each paragraph~~ <sup>concept of healthy</sup> population as an asset.

3) Significance of healthy population.

a) Healthy population leads to economic growth

b) Healthy minds have more innovative and revolutionary ideas.

c) Healthy people are pre-requisite of armed forces

d) Healthy population fosters social cohesion

e) Reduced healthcare burden

4) Challenges <sup>maintaining</sup> to healthy population

a) Access to healthcare services

b) Food scarcity leads to malnutrition

c) Lack of awareness among people about hygiene

d) Global migration and Health

e) Healthcare workforce shortage

5) How to overcome challenges  
to maintain healthy population.

a) Promote health education

b) Promote Encourage community engagement in  
healthcare decision making

c) Leverage Technology to improve healthcare  
delivery

d) Emergency preparedness to respond  
pandemics

e) Address Poverty and income inequality.