

Precis:

Title: "Guidance of life in moderate climates and tropics"

Cold climate is essential for stimulating energy in temperate countries of northern Europe. However, extremes of cold and hot climate makes a man indolent. In intense cold climate, man becomes immobilized while intense hot climate leaves little cause for exertion. However, moderate temperature made man engaged in hopeful struggles to protect himself from cold weather. These struggles includes building a house, dig a coal out of the earth, cut down trees for fire and so on. Moreover, in tropics, weather demands little struggle of warm clothes, fire, and fruits and vegetables to sustain life. However, one must recognize same difference at different seasons

of the year ~~and between~~ as it is  
between climes and tropics. Life is  
feasible to live in hot weather while  
cold climate needs more exertion  
of minds and bodies.