

Our Scientific Power has outrun Our Spiritual Power

Outline

I. Introduction

Thesis statement: Man's overreliance on scientific power has outrun^{ed} his spiritual power. This dependency on scientific world has converted human being into hollow being and material being. Therefore, infusion of spirituality with scientific advancement can revive humanness in modern human. ✓ Comprehensive

II. Our scientific power has outrun our spiritual power: An overview

III. This is how scientific power has outrun spiritual power: Phrase it properly

- A. Man has become slave of technology, though ~~he is born free and independent~~
- B. Exposure to too much information against human has desensitized humanity.
- C. Association of intelligence with machine for its computational power has reduced human trust on his own intellectual abilities.
- D. Human online presence has taken toll of his real life interaction.
- E. To excel with pace of scientific advancement has constructed a materialistic and "me first" approach.
- F. Scientific power has widened the gap between human and nature.

- G. Scientific power has guided missiles but misguided man.
- H. Replacement of human being with machine has made man to think him as a worthless entity - Invisible human
- I. Production of self-destruction weapons has threatened human's own existence
- Repetition of idea

IV. Implications of dominance of scientific power over spiritual power:

- A. Scientific power has polarized the world - Bloc politics
- B. Technically advanced economies decide the fate of technically crippled economies.
- C. Ecological degradation - politicizing the issue of climate change for materialistic interests
- D. Poor governance system for controlling surveillance
- E. Stratification of human to fit Big Data and target customer privacy for commercial benefits

V. Spiritual power can revive humanness in modern man as it;

- A. introduces the concept of equality and morality
- B. inculcates the principle of freedom and independence - Man of free will
- C. motivates to strive during hard time
- D. infuses parenting as a universal principle
- E. build relationship between man and nature - Nature as soul healer

VI. Conclusion

Make short phrases
Avoid lengthy sentences

Man is the worst enemy of his own self

I. Introduction ✓

Decoding the statement

II. Man - the worst enemy is an ~~overview~~

III. Man ^{As} his worst enemy - the manifestation

A. Climate change denial and inaction - destroying his own home (Earth) ✓

B. Depersonalization - treating others as mere objects ✓

C. Destructive ideologies - suicide bombing and terrorism ✓

D. Materialism and Consumerism - valuing external possessions over humans ✓

E. Cultural homogenization - exterminating diverse cultures, Identity Crisis ✓

F. Misuse of medicine - opiod epidemic, Corona pandemic ✓

G. Addiction to social media - Cyberbullying, -ve mental consequences ✓

H. Personal toxic and abusive relationship

Personal

I. Financial self-sabotage - overspending and debt accumulation ✓

IV. Factors making man the worst enemy:

A. Psychological factors ✓

i. self-doubt ✓ and low self-esteem ✓

ii. Fear of Success ✓ and failure ✓

iii. Loss of Impulse Control ✓

B. Emotional factors ✓

i. Negative emotions (anger, jealousy) ✓

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ii. Self-sabotage as a coping mechanism

C. Addiction and dependency

- i. Substance abuse
- ii. Behavioral addiction

D. Cognitive biases

- i. Confirmation bias (confirm their existing belief)
- ii. Short-term bias (prioritize short-term gain over ^{long term} well-being)

E. Lack of self-awareness

- i. Denial and avoidance (avoid addressing the problems)

V. Mitigating men's self-enemy character by Phrase it properly

- A. Promoting self-awareness and self-reflection
- B. Fostering emotional intelligence
- C. Valuing well-being over materialism
- D. Empowerment through education and media literacy
- E. Challenging societal norms
- F. Prioritizing mental health

VI. Conclusion

"So scared of what your enemies will do to you. But you're the only enemy you ever seem to lose to"

Angelica Schuyler "Congratulations", The Hamilton Mixtape

Social media can harm the society

I. Introduction

II. Essence of terms

Elaborating social media

III. How social media can harm the society; ~~through~~

A. polarizing society by disseminating politicized information

B. propagating extreme narrative

C. becoming tool of propaganda - raising false news

D. providing platform for cyber-bullying

E. Mentally hijacking youth - over indulgence in social media

F. Creating vision of isolation - Fear of missing out.

G. Breaching privacy; stalking identity theft, personal attacks, misuse of information.

H. Paralyzing creativity and critical skills

I. ~~Losing~~ ~~oneself~~ - identity crisis

J. threatening democracy - freedom of expression

K. Creating unemployment; ~~posting~~ ~~personal~~ ~~stupid~~ ~~stuff~~

Avoid using words like "stupid"

IV. What to do to ~~save~~ ~~social~~ ~~being~~ from ~~being~~ ~~at~~ ~~social~~ ~~loss~~ through social media; Use proper phrases

A. Creating internet free-zones

B. Imposing strong censorship over

Instead of censorship, checks and balances would be better word

information ✓ shared on social media

C. Reviving social gathering & get-together culture ✓

D. Imparting ethical ✓ values

E. Promoting mental healthcare programmes ✓ Awareness

F. Shifting mindset from harmful approach towards progressive, positive approach.

G. Motivating towards ✓ e-learning and e-learning scheme, website rather than destructive sites.

V. Conclusion

To enslave someone is bad, but
to be anyone's slave is the
worst

I. Introduction

II. Essence of terms

III. The myth that slavery does not exist
today - Modern day slavery:

A. Sex trafficking

B. Forced labor

C. Slave to technology

D. Imprisonment - US Criminal system has
34% of African American

E. Debt programmes and development
projects - BRI, IMF

IV. Why to enslave someone is bad:

A. Taking away someone's basic rights
forcefully - morally disregarded act

B. Snatching someone's freedom; the
natural thirst of human

~~C. Enslaving someone leaves a legacy of
discrimination; enslaved and free man~~

D. Maltreating humans dishonors and
disregarding humanity by

i) Sexual Abuse

ii) Mental Abuse

iii) Physical Abuse

E. Economically impairing others aggregates poverty and inequality

F. Enslaving others reduces the life expectancy

G. Enslaving others paralyze human growth - innovation

H. Enslaving others fuels the growing resentment, extremism and violence - leading to genocide, massacre.

V. Why someone to be anyone's slave:

A. Man is servile by choice

B. Servitude is a matter of custom and education

C. If one does not know the freedom, one cannot desire it

D. People enslave themselves by distraction

VI. To be anyone's slave is the worst:

A. Self-subjugation; the worst level of degrading humanity

B. Self-imposed slavery is self-denial to one's own basic rights

C. Acceptance of being the lowest in human - loss of self-dignity

D. Self-imposed abuse - letting others to harm one's

E. Self-imposed economic paralysis

Already marked

F. Immitating others; self-negation
and self-alienation ;

VII. Conclusion ✓