

Never take your anger out On others

Outline:

1. Introduction.
2. Dictionaries ^{Literal} and Organisations definitions.
 - a. American Psychological Association;
 - b. Wikipedia.
 - c. Natural outcome that vary according to individuals.
 - d. Necessary emotions to release ones feelings.
3. Diety of anger put out certain outcomes in negative portray.
 - a. Prey of anger, mostly, lives or looks disturb.
 - b. Anger-woven man/women casts a negative image on others.
 - c. A casualty or casualties which are affected by anger, also face unrest, hurt etc.
 - d. At minimal and maximal levels, it can destroy a family and a country respectively.
 - e.g. Hitler's anger evolved and spread

in the whole world.

4. Vexation or outrage can be converted into affirmative fruits.

a. By converting rage into maximum beneficial physical activities.

b. By accepting that everyone can make mistakes.

c. By taking a reasonable silence can reduce the causes of depression etc.

d. By forcing ourselves to read any resourceful book.

e. By laughing therapy technique, can reduce the outrage.

5. Conclusion.

Avoid starting sentence with "By"

Be more specific in arguments