

# Impact of social media on teens personality development

Outline :-

## 1- Introduction

Social media applications are abundant and a goldmine of knowledge but also a minefield of exploitation and false information. It has adversely effects mental and physical health. There is a need to recognize and address its negative impacts and create digitally literate <sup>society</sup>

## 2- Crunch paragraph

## 3- Causes of Negative impacts of social media in teens personality development

- a - Excessive use of social media
- b - carelessness of parents towards teenagers
- c - Addiction to social media
- d - Easy access to everyone

Not the asked part

## 4- effects of Negative impacts of social media in teens personality development

- a - poor mental health
- b - creates the feelings of alienation
- c - lead to depression
- d - poor physical health
- e - time wastage

5- Sol How negative impacts can be mitigated

a. Awareness about the responsible use of social media must be promoted

~~b - Recognising and addressing~~

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b - Recognize and address negative impacts

c - Create digitally literate and mentally resilient society

d - Strive to achieve an informed and engaged community that actively tackle the challenges (~~negative~~)

6- Conclusion

Write as per the need of the topic