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# Brain Drain in Pakistan: a Temporary Advantage of Limitless Loss

## 1 Introduction

Thesis Statement: Brain drain is providing a temporary relief to its socio-economic structure. However, it is leaving a permanent dint on its socio-economic structure. Therefore, in order to limit the loss, the government should take measures to improve governance and socio-economic conditions to retain and attract great minds.

## 2 Condition of Brain Drain in Pakistan

## 3 Reasons of Brain Drain in Pakistan

- a, Lack of Employment
- b, High Inflation rate in Pakistan: increasing cost of living
- c, low salaries for highly skilled professionals
- d, Poor law and order condition: Threat to life and property
- e, Lack of fundamental human rights.

## 4 Short-term Benefits of Brain Drain:

- a, Absorbing Pakistan unemployed individuals
- b, Improving the flow of remittances
- c, Promoting the soft image of Pakistan
- d, Reducing pressure on limited resources of Pakistan

## 5 Heavy Costs of Brain Drain:-

- a, Loss of highly skilled professional
- b, less competent individuals fill the gap left by professional workers.
- c, Pakistan market is losing its attractiveness

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to foreign investors due to a lack of professional workers.

d/ Pakistan is losing its vibrant citizenry: Important for thriving democracy and social developments.

## 6 The Way Forward:

a/ Ensuring Political Stability

b/ Improving law and order condition

c/ Improving Governance at all levels

d/ Adopting a charter of economy: Political Parties commitment for continuation of adopted economic policies.

e/ Ease of doing business

## 7 Conclusion

# Only a Healthy Population can be an Asset for a Country

## 1 Introduction

Thesis statement: A healthy population helps a country to grow effectively and efficiently. It not only helps in development but also avoids the wastage of human resources and financial resources on medical expenses due to ill population. Therefore, pre-emptive measures should be taken in order to keep the population healthy.

## 2 Human Resource is a back bone of every system

## 3 Healthy population effectively contribute to the development of a country:

- Strong labour force: Increasing reliable production
- Healthy employees effectively implement business strategies and manage business activities
- High mental growth is pre requisite for innovation
- Vigorous military force: Protecting the integrity and sovereignty of a country
- Active law and enforcement agencies: Controlling criminal activities
- Healthy politicians contribute to an effective and stable political system.
- Healthy students effectively developed <sup>their</sup> skills and personalities: Future leaders of a country

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- 4 An ill population is a liability for a country:
- Declining and erratic labour force: Poor and <sup>un</sup>reliable Production
  - Compromise quality of work: Declining quality of standards
  - Increasing Medical expenses: Decreasing prospective of investment
  - Unhealthy population is inclined to retire early: Increasing pressure on a limited income of households
  - Increasing burden on pension expenses:
  - Ill person affects the quality of life of its guardian.
  - Compromising the image of a country: Stereotyping or banning other countries.

- 5 Solution for a country to keep its population healthy
- Maintaining healthy food standards.
  - Take care of <sup>and secondary</sup> clean water reservoirs
  - Bringing primary <sup>and secondary</sup> health services in reach of every citizen.
  - Implement effective endemic surveillance Apparatus

6 Conclusion