

TOPIC:- We are not known by what we say, but, by what we do

OUTLINE:-

1. Introduction

Thesis statement:- Actions reflect one's personality better than words. In real world, mere speech is of no use. In fact deeds shape our identities in personal, familial, social, national and international world. This is because people believe in ~~we~~ performance rather than mere claims.

2. Actions, not words make our identities.

3. Significance of actions in individual's life.

- a) Successful persons are those whose actions speak
- b) claims without performance are mere degradation of personality.
- c) Contradiction of speech and words creates trust issues.

d) Families are known for the culture they practice.

e) Relatives follow the footsteps of man of action.

4. Societies and religion need men of action for their progress and prosperity.

a) Societies are developed by hard work not by claims.

b) Social bonds bind people to perform their duties.

c) Keeping one's promises is obligatory in every religion.

5) To be true to one's words is the basic demand at broader level.

a) Businesses are trusted for their quality; not for fascinating advertisements.

b) Actions ensure the success in the business.

c) Environmental degradation can be controlled by actions not by conferences.

d) Political parties get popular

- support on the basis of performance.
- e) This is not the constitution, but its implementation which guarantees progress.
 - f) Not slogans, but struggle determine the fate of nations.

6- Conclusion.

Essay:-

Actions reflect one's personality better than words. In real world, mere speech is of no use. In fact, deeds shape our identities in personal, familial, social, national and international world. This is because people believe in performance rather than mere claims. The famous saying "Actions speak louder than words" clearly depicts the importance of actions and position of words which are useless without actions. Imagine of a CSS aspirant, who has collected all the material for study and knows the strategies that would be helpful

to ace the exam. But, he is not acting upon those strategies to achieve his goals; ^{is likely to fail the exam.} so, mere words or knowing about the strategies are not enough until and unless accompanied by actions. Therefore, these are - the actions that shape one's identity. The one who proves ~~him~~ oneself with ~~his~~ ~~own~~ actions is considered ~~as~~ a successful person. whereas, those who lack performance leaves the impact of degradation of personality. Families are also known for the culture they practice. likewise, societies can never be developed by claims, but, it needs hard work. Religions also emphasis upon the fulfilment of words. Moreover, actions are the ways to establish a trusted business, only words and advertisements can never guarantee success. Environmental degradation can also be only controlled by the joint actions not by attending and organizing - the conferences. Same is the case with constitutions which needs implementation for the progress and prosperity. So, these are the actions that structure identities; not

words.

Identity is a core and unavoidable part of our lives, which is formed by one's action. The one who endures hardships of life and does not give up for ~~his~~^{ones} cause is identified as a warrior. whereas, one who does not have courage to survive the rainy days is considered a man lacking will power. Identity comes from the choice. The actions one take, the time spend with people and the thoughts to stay firm on words is the identity. For example, the actions of performing prayer, ~~to~~ observing fast, performing Hajj is giving the identity of being a Muslim. whereas, one who is praying in church is considered Christian. This is how actions are performing the roles of shaping identities.

Actions are of key importance in the life of an individual. It determines the success and failure of an individual. Successful persons are those who were true to their actions. while, those who believe in

their words and ^{were} devoid of -the implementation of those words have to face failure. According to Max Weber's theory of social action, -the most adopted form of social action is purposeful action where there is purpose for the adopted action. Here actors just focus on the outcomes without focusing on means. It's like a student going to school because it will be instrumental in getting good education and job. Most of the actions in the societies are based on -this form of action to get success.

on the contrary, claims without actions -or performance are the signs of degradation of one's personality. It shows the weakness in personality traits where one shares the ideas with verbosity, but unable to frame them into the actions. This can be understood with the example that, "A factory manager made a tirade speech to bring reforms for the workers. Because manager is not ready to accept -unfair treatment - with employees.

but has no power to put his words into actions. So, the words and speech only cannot ensure his personality traits and the lack of action is the degradation of the personality. Hence, the words without actions is degradation of personality.

However, Actions are so important that the contradiction of speech and words creates trust issues. The one who says but do not act upon those words is not easily trusted. Sometimes, just to prank, people create a gap in their actions and words like, they may give false news of their accident, but this is creating the trust issue, when in true need ^{such people} would find others difficult to trust them. Likewise, politicians before getting votes, talk about the construction of roads, better education and many other services. But after getting charge their words contradict their actions. This creates trust issues. So, only speaking is not what portray our image, but if it creates one's mistrust due to contradiction in

words and actions.

Moreover, families are known for the culture they practice. ~~one~~ Pakistan is a multi-ethnic country. It includes Sindhis, Punjabis, Baloch, Pashtuns, Kashmiris, Hazaras, and many others. Each of these has their own specific culture. This multi-ethnic society is dependent upon each other through different institutions of the society, which is resulting in ^{was} acculturation. The concept of acculturation first given by W.I Thomas where different culture living together adopting ^{some traits of} each others culture by retaining their own distinct culture. So a Pashtun or Baloch may adopt the dressing style of Sindhi culture but the ~~culture~~ ^{society} would be known by the major traits ~~they are~~ ^{it is} adopting. So, speaking of Sindhi culture do not make anyone Sindhi. ~~These~~ ^{are} actions that distinguish ~~the~~ cultures.

Like wise, significance of actions can be witnessed from the behaviour of relatives towards man of action. Relatives are likely to follow the footsteps of the man of

action in their family. Man of action is sometimes considered a role model among families and relatives. For

Example, a person who is aspiring to be a civil servant, but could not make it in previous attempts, relatives will consider such a man as -the one who just speaks without putting his energy into action. He would not get the ~~same~~ respect. But the moment, that man clears his next attempt, he

becomes the role model of many in the family. So, in the ~~near~~ sphere of human life, one is only accepted and respected among relative when proved through his actions, Man ~~of~~ who only speaks is not recognized.

Adding more to it, societies also demand actions. These are important for -the development of -the society. According to the sociologist, Maccionis, "society grows ~~on~~ by following functionalist perspective, which is a framework that sees society as a complex system whose parts work together to promote solidarity and growth." All ~~these~~ the institutions

of society need to perform their specific action in order to to develop society. It can not be developed by realizing the responsibilities and claiming one's right over the other. For a proper functional society actions are needed like every ~~organism~~ ~~has~~ of human body has its distinct function to perform. So, societies do not needs words but proper actions for its growth and stability.

Along with this, social bonds bind people to perform their duties. As Aristotle said, "Man is a social animal. He who lives without society is either a beast or God." Society binds man with social bonds. These social bonds are bonds with family, relatives, friends, fellows and ^{many} others. An individual is bound to carry out responsibilities ~~of~~ towards his family, friends, relatives, etc. This requires hard work and actions. One can not fulfill the demands of one's family with words. by saying -that i will get you enrolled in a good institution or i will get a new dress for you. These words are

of no importance without actions and these actions includes earning money; Thus, the only way to strengthen social bonds is the actions that means performance of one's duties.

In the same manner, Religion also emphasises man to be true to his words. Religion guides man to be a profound thinker. It will help in having deep insight and understanding. By following this guideline, one would be considerate towards his words and would not say or promise the things, ~~he~~^{one} is unable to fulfil. Besides this, religion strictly command its followers to be true to their words.

As ~~it~~ is the quote of Imam Ali (A.S) "Do not make a promise unless you can keep it." This quote is clearly depicting the importance of words with actions and if one is unable to keep its words is advised not to make promises. So, Religion also does not support mere words, it puts the stress on the actions.

Furthermore, to be true to one's word is the basic demand

at broader level. Businesses are trusted for their quality, not for fascinating advertisement. Businesses are advertised promoted through the advertisement of their product. For instance, consider a ~~food~~ restaurant, advertising a juicy burger or a restaurant that looks fabulous in pictures. Advertisement is to make everything look so gorgeous. But only a good advertisement would never ensure a good quality. For getting good quality actions are required. For restaurants, it needs to maintain the internal and external ambiance of the restaurant as advertised in through TV add, or through flyers. So, advertisement are not way to get the customer's trust, but, ~~actions~~ quality.

Furthermore, actions ensure success in the ~~the~~ business. One's actions will tell the team and the world about one's true intention. Action is the foundational key to all success. (Pablo Picasso). Actions establishes habits. The more something is done, the easier it is to keep doing it. One cannot succeed without actions. By

maintaining the actions, there are greater chances of hitting the goals. Consider of a company that wants to increase the total income by 10% over the next year. It would surely introduce the reforms and new policies to be adopted to hit the target. But these policies need proper guidance ^{and actions} to be followed. So, actions are fundamental for the success of business.

Moreover, the ways to control environment degradation are also the actions. It can never be addressed by arranging parties joint efforts are needed. Every human on earth is experiencing environmental degradation through worst climatic conditions, depletion of resources like air, water, soil and the destruction of Eco-system. Countries are experiencing record-breaking temperature, High rainfall, droughts. Pakistan contributes only 0.9% in global warming, but is the 8th most vulnerable nation to climate crisis (World Meteorological Organization, 2023). Conferences are arranged every year to make the planet able to

live but these would never guarantee results until and unless those words are put into actions. So, actions can address the issues of environmental degradation not just words.

In the same manner, political parties get support on the basis of performance. Political leaders to canvass votes make eloquent speeches. Through these speeches - they promise to eradicate poverty, to provide jobs, to bring peace in the country. But - these speeches are devoid of the actions and political leaders after getting power do not put their words into actions. There is a famous Kurdish proverb that says "Empty words will not fill an empty stomach." So, politicians need to act upon the promise of providing food, shelter and basic necessities. Only speeches would not help them gain support and power. It is surely their actions that would result in triumph. Same is the case with the constitution of the country which needs ~~its~~ ~~the~~ implementation and

enforcement of laws according to assure peace and prosperity of the country. A country may have a very lengthy and well-written constitution but it is of no worth unless the government makes sure of its enforcement. For instance, compare the ~~actual~~ constitutions of USA and Pakistan. USA has the ~~shortest~~ ^{briefest} constitution of the world with only seven articles whereas, Pakistan's constitution of 1973 possesses 280 articles. Despite of having detailed constitution Pakistan has failed to provide fundamental rights to its citizens in a true sense while, USA with few articles allows its citizens to enjoy all the fundamental rights because of the actions taken to enforce those laws. So, the actions taken for the enforcement of what written in constitution promise the progress not the constitution itself.

Last, but not the least, slogans are not enough to change the fate of the nations. It's the struggle of the dwellers that determines

the ~~fact~~ fate of the nation. slogans are the ways to ignite the spirit of patriotism but mere slogans can not change the destiny of the nation. During the time of independence - the most common slogan was "ban Kay rahay go Pakistan, bant Kay rahay ga Hindustan". But - this slogan was just the flesh, ~~that was~~ ~~need~~ to be provided with the bones of hardwork and struggle. The continuous struggles of our leaders like, Allama Iqbal ~~and~~, Quaid-e-Azam and many others leads to the creation of Pakistan. Also, the struggles of many who lost their family and wealth to change the fate of the Muslims of the sub-continent, so, it is the struggle that determine the fate of the nations, not the words.

To sum up, it can be said - that, words can never become the identity of ^{anyone} in this world, everyone is known and recognized by their actions. From individual to family, society, business, political sphere or implementation of laws, everything requires ~~man~~ ^{actions} to show ~~his~~ ^{one's} charisma through ~~his~~ ^{one's} actions. words without one's

Performance is considered as degradation of personality. Relatives follow the footsteps of the man of action. Societies, too, are developed by the actions not by claims. Religion directs man to make promise only when, if ~~he~~ one is able to keep it. Moreover, businesses are known for their quality, not for the advertisements. Actions are essential to ensure success in the business. Issue of environmental integration can also be addressed by joint efforts, not by arranging conferences. Likewise, slogans and constitutions are also mere words and they can not guarantee success or progress without struggles to prove the slogans or enforcement of constitution for the peace and prosperity of the country. So, actions are the ways to add truth and sincerity ~~to~~ to the words which forms one's identity. As it is said, "Tongue doesn't get things done, actions are needed."

(Amit Kalantri)