

PASSAGE 1

I myself am my enemy in the guise of a friend. I hurt myself in several ways and invite dangers. Some dangers lurk in the dark and haunt me beyond limits. I hardly realize objective of my creation on the earth. Regretfully, I have forgotten it altogether. I disobey my Creator and thereby incur His displeasure and invite His wrath. Reckless driving is a big risk to my precious life. But, I being hasty, emotional and impatient pull out and drive very fast. Indeed, I invite acute dangers to my life. Sometimes I eat things that I don't need to. I need not eat things that don't suit to my taste. It is wise to abstain from them. But I do otherwise. I overeat and violate the laws of health. Overeating, irregularities in eating and untimely eating upset my stomach and cause serious dietary complications. But I am seldom mindful in this regard and suffer much. I enjoy long and fast sleep, not knowing that it taxes my precious time and deprives me of important things, such as profitable studies, lawful and respectable livelihood and other productive activities. Abnormal sleep hours tell on my health, make me dizzy, because excess of everything is bad.

Precis:

Topic: Enemy of ^{the} self.

The writer is a self enemy and sadist for himself. He invites burdens for himself by neglecting purpose of being created and by disobedience of God. He knows, yet drives recklessly out of impatience, it's risky for him. He intakes ~~is~~ things, inappropriate to his taste and digestive system, therefore suffers. He is fond of long sleep irrespective of the fact that long sleep is the waste of time and causes lassitude.