

2018 précis

## Weather variations and human body

Northern countries of the Europe are moderate in cold season. Cold weather stimulate energy to throw the obstacles. However we lost our hope and energy to over-come difficulties with full power. Moderate weather is better for human, while extremely cold or hot become unaffordable. In normal weather human are engaged with zeal and zest. However in severe weather they become engaged in has own shield from severe weather. protection from severe weather is expensive that create vacuum between body and its required food. On the otherhand the tropical area is better regarding expenditure and better health, because of fresh air and vegetative food. we should acclimatise with climate, in hot weather we can survive but coldness is difficult for human body.