

- (iv) Answer the following questions from PART-II.
2. Write a précis of the following passage in about 100 words and suggest a suitable title: *jealous* (20+5)

Of all the characteristics of ordinary human nature, envy is the most unfortunate; not only does the envious person wish to inflict misfortune and do so whenever he can with impunity, but he is also himself rendered unhappy by envy. Instead of deriving pleasure from what he has, he derives pain from what others have. If he can, he deprives others of their advantages, which to him is as desirable as it would be to secure the same advantages himself. If this passion is allowed to run riot it becomes fatal to all excellence, and even to the most useful exercise of exceptional skill. Why should a medical man go to see his patients in a car when the labourer has to walk to his work? Why should the scientific investigator be allowed to spend his time in a warm room when others have to face the inclemency of the elements? Why should a man who possesses some rare talent of great importance to the world be saved from the drudgery of his own housework? To such questions envy finds no answer. Fortunately, however, there is in human nature a compensating passion, namely that of admiration. Whoever wishes to increase human happiness must wish to increase admiration and to diminish envy.

What cure is there for envy? For the saint there is the cure of selflessness, though even in the case of saints, envy of other saints is by no means impossible. But, leaving saints out of account, the only cure for envy in the case of ordinary men and women is happiness, and the difficulty is that envy is itself a terrible obstacle to happiness.

But the envious man may say: 'What is the good of telling me that the cure for envy is happiness? I cannot find happiness while I continue to feel envy, and you tell me that I cannot cease to be envious until I find happiness.' But real life is never so logical as this. Merely to realize the causes of one's own envious feeling is to take a long step towards curing them.

Author describes that human nature is blessed with many traits, out of all "being jealous by other" is worsen one. A person having this trait not only harm other, whenever he get a chance, but also ignites himself in his resentment. He always be ungrateful whatever he blessed with. He never finds the answer about the facili persons who enjoy facilities. If this emotion leaves un-check, it may destroy all the necessary exercises. Luckily, this trait can be cure by the power of appreciation. This is the way to convert unhappiness into joy. But an envious man may not want to percieve this idea. Because life is not like that as we think about it.

Passage's words = 308

Precis' words = 109

Title:

- 1 Envy; its outcomes and cure
- 2 Envy is the cause of unhappiness

NOTE: (i) PART-II IS TO BE ATTEMPTED ON SEPARATE ANSWER BOOK.

(ii) Attempt all questions from PART-II.

2. Make a précis of the given passage and suggest a suitable heading: (20+5 = 25)

The Psychological causes of unhappiness, it is clear, are many and various. But all have something in common. The typical unhappy man is one who having been deprived in youth of some normal satisfaction, has come to value this one kind of satisfaction more than any other, and has, therefore, given to his life a one-sided direction, together with a quite undue emphasis upon the achievement as opposed to the activities connected with it. There is, however, a further development which is very common in the present day. A man may feel so completely thwarted that he seeks no form of satisfaction, but only distraction and oblivion. He then becomes a devotee of "Pleasure". That is to say, he seeks to make life bearable by becoming less alive. Drunkenness, for example, is temporary suicide; the happiness that it brings is merely negative, a momentary cessation of unhappiness. The narcissist and the megalomaniac believe that happiness is possible, though they may adopt mistaken means of achieving it; but the man who seeks intoxication, in whatever form, has given up hope except in oblivion. In his case, the first thing to be done is to persuade him that happiness is desirable. Men, who are unhappy, like men who sleep badly, are always proud of the fact. Perhaps their pride is like that of the fox who had lost his tail; if so, the way to cure it is to point out to them how they can grow a new tail. Very few men, I believe, will deliberately choose unhappiness if they see a way of being happy. I do not deny that such men exist, but they are not sufficiently numerous to be important. It is common in our day, as it has been in many other periods of the world's history, to suppose that those

among us who are wise have seen through all the enthusiasms of earlier times and have become aware that there is nothing left to live for. The man who hold this view are genuinely unhappy, but they are proud of their unhappiness, which they attribute to the nature of the universe and consider to be the only rational attitude for an enlightened man. Their pride in their unhappiness makes less sophisticated people suspicious of its genuineness; they think that the man who enjoys being miserable is not miserable.

3. **Read the following passage and answer the questions that follow: (5 x 4 = 20)**

Knowledge is acquired when we succeed in fitting a new experience in the system of concepts based upon our old experiences. Understanding comes when we liberate ourselves from the old and so make possible a direct, unmediated contact with the new, the mystery moment by moment, of our existence. The new is the given on every level of

Reasons for Despondency

There are several causes of sadness but some are common in all beings. Usually, a depressed man is that who focuses more on his deprivations rather than his achievements. The other reason for sadness is that man thinks, there is no hope left for success and achievements but only disappointments is in his life. Then man tried to make himself happy by unethical means, for example he becomes alcoholic or sleep alot to get rid of his unhappiness. But this is a ^{short term} way to be happy. This type of disappointments can be cure by pointing out the actual reason for their cause. Some of the persons in history and even today, are those who think that life is short, everything has an end so don't care about anything. These type of man are also in depression which consider it their fate and always

Date: / / 20

Day:

blame the creator. They feel pride on their thoughts and opinion but actually the man who choose unhappiness over joy are not depressed.

Passage's word = 410

Precis word = 150