

Impact of social media on teens personality development

Outline :-

1- Introduction

Social media applications are abundant and a goldmine of knowledge but also a minefield of exploitation and false information. It has adversely effects mental and physical health. There is a need to recognize and address its negative impacts and create digitally literate ^{society}

2- Crunch paragraph

3- Causes of Negative impacts of social media in teens personality development

- a- Excessive use of social media
- b- carelessness of parents towards teenagers
- c- Addiction to social media
- d- Easy access to everyone

4- Effects of Negative impacts of social media in teens personality development

- a- poor mental health
- b- creates the feelings of alienation
- c- lead to depression
- d- poor physical health
- e- time wastage

5- Sol How negative impacts can be mitigated

a- awareness about the responsible use of social media must be promoted

~~b- Recognising and addressing~~

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~~b- Recognized and address~~

b- Recognize and address negative impacts

c- Create digitally literate and mentally resilient society

d- Strive to achieve an informed and engaged community that actively tackle the challenges (negative)

6- Conclusion