

SELF-Belief is half the battle; self doubt is the other.

OUTLINE:

1- Introduction ✓

Thesis statement:

2. Crunch Paragraph ✓

3- ~~Specific~~ impacts of self doubt on individual life

These are manifestations of self doubt not the impacts such as inferiority complex, wrong decisions, low self esteem ...

- (a) Self doubt of own abilities
- (b) Lack of self belief in achieving success
- (c) Self doubt in physical appearance
- (d) Self doubt in arguments
- (e) Self doubt in gaining acceptance
- (f) Juxtaposition with other relatives

4- self doubt imposed by society and profession

- (a) Self doubt in fulfillment of duties
- (b) Self doubt of slow progress
- (c) Self doubt due to other criticism
- (d) Self doubt due to societal standard
- (e) Self doubt due to competition
- (f) Self doubt due to imposter syndrome

5- Factors engendering self doubt

- (a) Childhood experiences ✓
- (b) Previous setbacks & failures ✓
- (c) Fear of rejection ✓
- (d) Comparison & societal pressure ✓
- (e) Lack of positive feedback ✓

6- Conclusion ✓

The purpose of Part 3 and 4 in outline is not clear.

There is no mention of self belief. The topic puts self doubt and self belief in juxtaposition, deal it as that.