

Name = Anees Ahmad.

Q₁ = Why most of us fail in our efforts for self-improvement?

Ans = Many of us struggle to achieve self-improvement goals because human nature tends to lead to having long list of ambitions. The unplanned nature of our lifestyles often hinders our ability to allocate proper time to pursue those goals.

Q₂ = Why is it a basic mistake to announce our resolutions to everybody?

Ans = 2 Making a basic mistake by announcing our resolutions to everybody puts extra pressure on us to accomplish the goals we have discussed. Ultimately affecting our performance. However, working in silence rather than disclosing our ambitions and goals can increase our chances of success and prevent others from having high expectation of us.

Q₃ = Why did the writer not carry out his resolution on New Year's Day?

= The writer attended an overnight party on New Year's Eve, which they considered a valid reason for not starting their new resolutions on the first day of the year.

Q₄ = Find out words in above passage which convey similar meanings to the following.

(1) Intimidating - failure

(2) Peril - pitfalls

(3) Dwindle.

(4) repel fended

(5) barb. jibes

(6) ~~creep down~~
Creep down.