

Subheading: "Addiction to Social Media"

PMS (Pb) Paragraph structure

Sentence 1 (Topic Sentence)	Social media addiction can be defined as a compulsive behavior that involves the excessive use of social media, to the point where it interferes with an individual's daily life, work and relationships.
Sentence 2 (Significance of the issue)	<u>Phenomenon</u> The phenomena of social media addiction can be largely attributed to the dopamine-inducing social environment, that social networking sites provide.
Sentence 3 (Supporting point 1)	In November 2021, the Wall Street Journal disclosed that Facebook's own research identified 12% of its users are engaging in use of social media that is affecting their sleep, work, parenting and real life relationships.
Sentence 4 (Example of SP 1)	The urge to use social media platforms is one of the strongest temptations in modern society that takes an individual away from reality towards misconceptions regarding his personality & dealings.
Sentence 5 (Supporting point 2)	A new study in Harvard university states that self-disclosure on social networking sites lights up the same part of the brain that also ignites when taking an addicting substance.
Sentence 6 (Example of SP 2)	This addiction is completely treatable by reducing the screen time, thinking about the purpose of using social networking sites and to their disadvantages, stop ^{and not} comparing your realities with filtered personas of social media platform.

No. of words: _____

(White are independent sentences, while grey are dependent on independent ones.)