

This part has not been catered to satisfactorily and directly in the paragraph

Optimism in Life

DATE
DAY MONTH YEAR

- TS: The optimism in life brings mental peace and satisfaction
- SS1. First, it helps to improve ^{the} quality of life. As optimists are positive thinkers they tend to worry less about the challenges and hardships and they notice good things which increase their longevity. ?
- SS2. Second, it provides greater social support. Because optimism creates positive attitude in individual's personality which really helps him to adapt and make stronger bond with others and enlarges one's social connections.
- SS3. In addition, optimism constructs happier and less distressful society. According to World Happiness Report 2022, Finland is ^{the} happiest country in the world because its people are more optimistic and possess greater quality life. ← enjoy better life quality. ?
- SS4. Finally, optimism stressed ^{the} on brighter side of the problems. Many studies in Psychology found that optimistic and resilient people use positive emotions to rebound from and find positive meaning in stressful encounters.
- CS. These attributes exhibit that Optimism plays a significant role in generating ^{Creating} more peaceful and satisfied life.

words: 162