

Negative Impacts of Social Media on youth

Social Media includes a lot of negative impacts on youth and social isolation is one of them. Being socially isolated means an absence of contact with family, friends, and society; thus limiting interpersonal relationships. The excessive use of social media leads to the feelings of social isolation among the youth. They feel comfortable living in isolation and it becomes irritating for the youth to interact with the society, even with their families and friends. They are ignorant of everything happening around them. A recent survey was conducted by ExpressVPN including 1,500 Americans, 81% of the total respondents replied that excessive social media usage increases social isolation. Another study conducted by University of Pennsylvania reported positive correlation between social media and social isolation. This shows that excessive usage of social media negatively affect the lives of youth, particularly in relation to social involvement.