

Day: _____

Date: _____

Isolated from society: Busy life

A busy life makes an individual isolated from society.

Busy life keeps a person indulged in work that one hardly has a time to engage with others. The hectic life is widely seen in big cities like Karachi, London, New York, Lahore etc. According to the Mental Health UK, 1 in 5 people feels isolated due to their busy life. Busy life causing an individual isolated due to ~~the~~ work; big cities are the mirror of busy or hectic life.