

Q: Why most of us fail in our efforts for self improvement?

Most of us fail in our efforts for self improvement due to inconsistency. Our schemes are too ambitious and we have no time to carry out them. Hence we fails to achieve our efforts.

Qno:2 What is the basic mistake to announce our resolution to everybody?

We look foolish when we announce our resolution to everybody it is the basic mistake ~~we~~ ^{one} do. Its our fundamental error which looks like worst decision when we slip back into our old ways.

Qno:3 Why did the writer carry out his resolutions on New Year's Day?

Ans: Writer did not carry out his resolution on New Year's day to over night party. So he did not carry out his resolution and started from second day assiduously to the task.