

We have to learn to be our own best friends, because we fall too easily into the trap of being our own worst enemies.

Outline:

1. Introduction

Thesis Statement: People are not always sincere with themselves because sometimes they are doing decisions and actions which do not go in their favour. Furthermore, humans need to take steps for their progress and the progress of their society, nation or humanity instead of falling into the trap of their enemies. So, people should be loyal to themselves first.

2. Crunch Para

3. Individuals are not sincere to with themselves

a- Everyone knows their strength, but falls into the trap by applying others' way to themselves.

b. Many people do not pursue their dreams because of the fear of failure.

c. Instead of learning and interacting, modern man is alienated.

4. Societies are still following banal conceptions enrooted by their elders.

a. Women face harassment, but societal norms promote patriarchy.

b. Inequality brings forth many issues, but we encourage cultural hegemony.

c. Modern people can bring significant changes by thinking out of the box.

5. Nations need their people and leaders to be loyal to their country.

a. Deforestation impacts our daily life.

b. Population explosion has an immense effect on our resources.

c. ~~We~~ ^{We countries} are facing worst economic crisis because of our lackings.

d. We blindly follow into social

media and easily fall into the trap of deception.

e. We are not making the best policies to tackle the health crisis and living a miserable life.

f. Instead of defeating inflation, people are pushing little lives into child labour services.

g. We are not thinking about our future ^{and} because we are lacking in our education system.

6. At the global level, humans are harming themselves.

a. Humans need to maintain peace and stability instead of fighting.

b. Humanity is on the verge of destruction by facing severe climate change.

c. Promoting sectarian groups across borders and resultantly facing terrorist attacks.

7. Conclusion.