

Batch: OB-49Name: Bushra Shaikh**ACADEMIC PARAGRAPH STRUCTURE**(Sub-heading: Negative effects of social media on youth)

Topic Sentence	The rise in the usage of social media platforms has shown that along with the benefits of it also has negative effects on youth, "distracting" being one of many.
Explanatory or Reasoning sentence	The reason is that youth tends to allot productive time to scrolling and procrastinating the tasks.
Supporting Point (1)	The access to excessive use of smartphone and the constant beeping of notifications divide the attention of youth, thus distracting them.
Example (1)	Multiple surveys have been conducted in this regard, approximately (57%) more than half of youngsters have voted that social media is distracting.
SP 2 (optional)	People want to feel happy, and the use of social media releases the hormone, 'oxytocin'.
Ex 2 (to be written if SP2 is given)	There are numerous studies that have proven using social media can dramatically increase 'oxytocin levels'. The scientist said, "e-connection is processed in the brain like in-person connection."
Concluding Sentence	This shows to enjoy the 'happy-feeling' youth tends to ignore the productive task that is important but boring.

(No. of words 140)