

## Paragraph Writing:-

### "Optimism in Life"

Optimism or positivity is actually considered as real ingredient of life. Optimism in life refers to nullification of negativity, helplessness, immorality from life. It depicts the attainment of healthy and positive attitude towards all the aspects of life including social, personal, moral, professional aspects. Optimism involves the handling of challenges of life with smiling face and determination. For instance when you face these health issues, courageously face the problem, follow proper treatment and checking, increase the personal will to combat disease. When there are financial issues, try to adopt other avenues for financial stability, take guidance from immediate friends, family members etc. When there are hurdles in maintaining good relationships, do not get panic and distrust

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Full Towards spouses, partners or  
siblings. Scrutinize the reasons of  
disrupting of relationships, Adopt  
the compromising scheme to  
reestablish the healthy relations.

However the best way of expressing  
optimism in life is to think  
beyond oneself. Strutting ease  
for others brings about the  
positivity in life. Helping needy,  
consoling oppressed, serving weak  
are are the various patterns of  
generating optimism in life. Life in  
cause of serving God's creation  
brings about satisfaction, joy and  
pleasure in life. which ultimately  
produces optimism in life.

200 words