

Topic Sentence :- There are many ways social media is negatively affecting our youth, the most prevalent being rise in mental health issues.

Reason Sentence :- Specifically, influencer culture in social media linked has been linked with depression and anxiety among adolescents.

Supporting Argument :- Influencers are content creators whose bread and butter depends on creating a certain image of themselves. This means curating a picture perfect world where everything seems right out of a utopian fantasy. When young impressionable minds start absorbing this content they feel more dissatisfied with their own lives.

Evidence :- A 2015 Harvard study found that teenagers using social media for seeking validation and doing social comparisons exhibited depressive symptoms and unhappiness.

Conclusion :- Therefore, it can be seen that increased reliance of youth on social influencers can be very detrimental - leading to high stress levels which cause anxiety and depression.