

The increasing population:
A rising monster and
a less addressed issue

Outline

1 - Introduction: Thesis statement:
Population growth is an abrupt
increase in human birth.
However, it has increased due
to several factors including
child marriage, misinterpretation
of religion, illiteracy etc. As
a result, population growth
has several negative impacts
on economy, health, education
and so on. Therefore, some
measures must be adopted to
address the issue of
increasing population.

2- Significance of population

3- Factors behind surge in
population

- a) Prevailing child marriage culture
- b) Misinterpretation of religious
phenomenon
- c) Lack of awareness - illiteracy at peak
- d) Lack of government policies on
family planning
- e) Weak financial condition of
parents

f) Ineffective role of judiciary in protecting human rights

4- Bleak image of population bomb

a) Population bomb - economic downturns

b) Surge in unemployment

c) Physical health of mental illnesses

d) Downturn in quality of education - contributes in illiteracy

e) Long-prevailing child labour

f) Social turbulence - leads to criminal groups

Country
Pop.

g) Environmental hazards - reduction in air quality

5- Measures to address the issue of increasing population

a) To promote education & eradicate illiteracy

b) To enhance family awareness and planning importance

c) Government must frame effective family planning policies

d) Role of media in mass awareness

6- Conclusion

"The world population is a growing problem. It is reached at fifty-five pc, that will even increase at sixty-eight pc by 2050."

(The UNICEF Report, 2023)

Population is an increasing problem today. In fact, the well-organized population has significance, yet it is the world issue that is less focused. Several factors such as, child-marriage culture, lack of awareness, misinterpretation of religion, less effective role of government in population control, parents' weak financial condition, and ineffective role of judiciary are such factors that leads to population growth. Resultantly, increasing population has negative impacts on the economy of the country, unprecedented inflation, physically health of mental illness, poor education, child-abuse, social turbulence leads to criminal

groups and environmental hazards. Besides all these, some positive measures, such as, focus on education, family planning, role of government, and role of media in mass awareness will really help in eradicating the issue of increasing population. In other words, population growth is an increase in human birth that is prevailed due to several factors including child marriage, illiteracy, and misinterpretation of religion. Resultantly, it impacts economy, social phenomenon, health, education etc. But, on the other hand, by taking some steps the increasing issue of population can be addressed effectively.

Population growth has also significance. So fact, developed countries such as, China, effectively utilize its population in economic sector to profit its position.

A healthy population is become the blessing of the country by helping in industries (agriculture), energy sector etc.

As per Fitch - F.S. Moody's;

"China is the second largest economy of the world with its GDP of 19.9 pc in 2022, and will be the first largest economy by 2030."

(Fitch - F.S. Moody's, 2023)

Hence, a healthy population has significance in its country's economy.

Many factors are responsible for increasing population, chief among is child-marriage culture. In fact, prevailing child marriage culture in Asia especially in Pakistan is a growing problem. Resultantly, child marriage increase in population rapidly.

As per report of the UNICEF, Asia is the most vulnerable to child marriage culture among which Pakistan has the significance

ratio of 16.6 pc of girls marriage at early age every year.

(Child-Marriages)
The UNICEF Report, 2013.

Thus, child marriage is a main contributor in increasing population.

Along with child marriage, misinterpretation of religion phenomenon is a long-prevailing trend today.

Many religious families believe in early child marriage and consider it as 'Sunnah'. This misinterpretation of religion has increased population growth in Pakistan as it is an Islamic country and follow the Islamic rules. Therefore, misinterpretation of religion phenomenon has also increased population growth across Pakistan.

Not only misinterpretation of religion, but lack of awareness and illiteracy also has contributed for

Population: Pakistan is the fifth most populated country with poor and lack of quality of education. It contributes illiteracy and leads to growth in population. As per the World Economic Forum, "only thirty per cent of population is receiving the higher education and thirty-seven per cent of population is untrained and uneducated".

(-The World Economic Forum, 2023). Hence, lack of awareness and illiteracy are raising population growth in Pakistan.

Further, the lack of government policies on family planning is also another factor behind the increasing population in Pakistan. The government has not adopted any new policy on family planning to control increasing population bomb in Pakistan. This is how, the population is growing in Pakistan day

by day and it has become less addressed issue in politics, too. Therefore, inefficient role of government in family planning is also main contributor in increasing population.

Furthermore, weak financial condition of parents is also leading to population growth. In fact, it is the root cause of early marriages of girls in developing countries like Pakistan. However, weak financial condition is a force to increasing population.

As per statistics, "almost two million people lost jobs in the last year." (Growing expenses, Faisal Bari, 2023). Thus, weak financial condition of parents open the door to population phenomenon.

Not but not the least, ineffective role of judiciary in protecting public rights is also causing in population. Pakistan is the federation,

where judiciary is the guardian of human rights. But, unfortunately, ineffective role of judiciary in protecting fundamental rights has increased population bomb. As per the World Global Justice Index, "Pakistan's judiciary is ranked at $\frac{125}{140}$ in protecting fundamental rights. (The World Global Justice Report, 2023). Thus, ineffective role of judiciary is also main contributor in population growth.

Population growth has several negative implications, chief among is economic meltdown of the country. Pakistan has been facing economic crisis since its independence. Moreover, increasing population has further contributed in economic fall. As per statistics, Pakistan's economy is caught in a vicious cycle of

loan. According to the Barclays Bank, "Pakistan has foreign debt of \$15.5 billion in 2022." (Meteelus health, Economic crisis, 2022). Hence, increasing population has contributed in economic downturn day by day.

Moreover, surge in unemployment is another negative impact of increasing population. Pakistan is the third world country with unprecedented unemployment in the world. As a result, surge in unemployment leads to population growth. As per economic survey, "with the loss of 2 million people job the last year, unemployment reached at 9.1 pc from 6.1." (Faisal Bari, Growing Expenses, 2023.) Hence, increasing population has negative affect in the form of surge in unemployment.

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Health of mental illness is another negative impact on human health. In fact, increasing population has direct adverse affect on human health physically and mentally. Research has revealed that population stress has increased psyche patients since the pandemic COVID-19. "About thirty-two pc of children and thirty-five pc of women are under physical health of mental illness in Pakistan." (Physical health of mental illness, Saima Inayat, 2023) Therefore, increasing population has also affected human health.

Along with health, education, another social aspect is affected by increasing population in Pakistan. Pakistan is already lacking quality of education. Further increase in population has impacted quality of education and has contributed in illiteracy across Pakistan.

As per the UNICEF Report, Pakistan is the second most poor educated country in the world with twenty-two million people (children, age of five to sixteen years) are out of school." (The UNICEF Report on education standard of Pakistan, 2023.) This, increasing population has contributed illiteracy and has impaired education system of Pakistan.

Further, long-prevailing child labour is also the result of increasing population in Pakistan. In fact, increasing population has several negative implications across the country among which child labour is the most common today and less addressed. In fact, rural society of Pakistan uses children as their machines and forces child labour. Hence, increasing population violates children's rights and contributes long-prevailing

ing child labour.

Similarly, social turbulence is also leading phenomenon by increasing ~~child~~ labour population. Social turbulence is prevented by increasing population of society. Regularly, society is unable to fill human needs as per daily requirements. According to the United Nations Report on population of Pakistan, "the large youth population of age fifteen to thirty-three is involved in criminal groups that becomes a challenge to the Law Enforcement Agencies (LEAs). (The United Report on population of youth of Pakistan, 2018.) Therefore, increasing population leads to social turbulence and criminal groups in society.

Not but not the least, environmental hazards is also a serious problem by increasing population.

Pakistan is vulnerable to the Climate Change. Further, increasing population has contributed in air pollution that has reduced the quality of air. Increasing population has decreased the quality standard of air rapidly. As per Global Air Index, "Lahore is the fifteen most polluted city in the world." (Lahore is sick lungs, Hina Saleem, 2022). Thus, environmental hazard is become a threat to the human survival due to increasing population.

Besides all these negative implications, some positive measures can effectively treat the issue of population. Among which is promotion of education. Education is the most powerful weapon which can change the bend of minds. Resultantly people will start thinking for their survival. Thus, education will be the successive tool to eradicate

The increasing issue of population

"Education is the most powerful weapon which we can use to change the world."

(-Nelson Mandela)

Not only education, but enhancing family awareness will also be a beneficial step in eradication of increasing population issue. In fact, the families in Pakistan are unaware of the significance of population control and family planning. By enhancing family awareness, population growth can be decreased. Therefore, population growth can be controlled by enhancing family awareness.

Moreover, government also plays its role in family planning policies. Pakistan needs the policy of family planning as

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a law. In 1962, the second president of Pakistan, Ayub Khan framed family planning policy for the better governance. Hence, Pakistan needs such family planning policies to address the issue of increasing population.

~~least~~ least, but not the least, role of media in mass awareness will be a key tool to eradicate the population growth. In fact, media has power to change the minds of public.

Several programs on the significance of population control and family planning will be beneficial in addressing the issue of population growth. Therefore, media must play its part in eradication of increasing population.

To sum up, population growth is a rising problem of the world. Despite its several negative impacts

it is less addressed issue in the world today. In fact, several factors such as, prevailing child marriage, misinterpretation of religion, illiteracy etc are causing population growth. Consequently, increasing population has several negative impacts including, economic downturns, illiteracy, education, health and so on. But, some positive measure will be beneficial to address the issue of increasing population such as, awareness, family planning and mass awareness. Thus, increasing population can be addressed by implementing these positive measures.

"The world is become a global village with increasing significant population."

(Thomas Friedman, *The World is Flat*, 2005).