

Batch: 052

Name: Khushbakht

ACADEMIC PARAGRAPH STRUCTURE

(Sub-heading: Negative effects of social media on youth)

Topic Sentence	Social media has imparted adverse negative effects on youth of this century.
Explanatory or Reasoning sentence	A mentally stable individual is hallmark of a healthy society. Social media has provoked anxiety, depression, loneliness among youth which effects their individual and Professional Progress.
Supporting Point (1)	A 2019 studies of more than 12,000 individuals proved that spending more than 3 hours on social media resulted poor mental health. A study proved that 'viewing others' decreases self satisfaction and lowers self esteem.
Example (1)	A study proved that 45% teens are online all the time and about 97% teens are on youtube, Instagram, facebook.
SP 2 (optional)	The interaction on social media does ^{do} not carries same benefit as face to face connection. It has created more loneliness and depression than before.
Ex 2 (to be written if SP2 is given)	The addiction to post selfies create more self centeredness and pushes far from real life communication. A single notification diverts focus and attention from work.
Concluding Sentence	Hence it is proved that social media has deteriorating effects on mental well being and performance of youth.

(No. of words 150)