

Write summaries of the following passages of about one-third of the original length:—

1. In every country people imagine that they are the best and the cleverest and the others are not so good as they are. The Englishman thinks that he and his country are the best; the Frenchman is very proud of France and everything French. The Germans and Italians think no less of their countries and many Indians imagine that India is in many ways the greatest country in the world. This is wrong. Everybody wants to think well of himself and his country. But really there is no person who has not got some good and some bad qualities. In the same way, there is no country which is not partly good and partly bad. We must take the good wherever we find it and try to remove the bad wherever it may be. We are, of course, most concerned with our own country, India. Unfortunately, it is in a bad way today. Many of our people are poor and unhappy. They have no joy in their lives. We have to find out how we can make them happier. We have to see what is good in our ways and customs and try to keep it, and whatever is bad we have to throw away. If we find anything good in other countries, we should certainly take it.



2. There are hundreds of superstitions which survive in various parts of the country, and the story of them is rather amusing. We are told, for example, that it is unlucky to point to the new moon or to look at it through glass, but if we bow nine times to it we shall have a lucky month.

Now suppose you tell a scientist that you believe a certain superstition — let us say, that the howling of a dog is a sign of death. The scientist will immediately require evidence before he can accept your belief. He will want figures to prove it. It will be useless to quote two or three cases; he will want hundreds. He will want also to know (a) if it ever happens that the howling of dogs is not followed by a death, (b) if ever a person's death is predicted by the howling of dogs. The answer to the former question is in the affirmative, and to the latter in the negative. Your superstition will not bear investigation. It may impress an ignorant person; but it cannot face the light of facts. Your case would not carry conviction in a court of law.



Apart from this process of testing by results, any intelligent man will want to know the "reason why". What connection can there be between a howling dog and an approaching death? Can it be cause and effect? Can it be that the dog has a gift of foreseeing such events? Or is the dog the instrument employed by some uncanny power that moves invisibly in our midst? After effects of over eating.

3. Over-eating is one of the most wonderful practices among those who think that they can afford it. In fact, authorities say that nearly all who can get as much as they desire, over-eat to their disadvantage. This class of people could save a great more food than they can save by missing one meal per week and at the same time they could improve their health.

A heavy meal at night, the so-called "dinner", is the fashion with many and often it is taken shortly before retiring. It is unnecessary and could be forgone, not only once a week but daily without loss of strength. From three to five hours are needed to digest food. While sleeping, this food not being required to give energy for work, is in many cases converted into excess fat, giving rise to over-weight. The evening meal should be light, taken three or four hours before retiring. This prevents over-eating, conserves energy and reduces the cost of food.



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Batch (340)

English Precise & Composition :-Paragraph 1:-

People of every country think that they are the best and smartest and the others are not so good.

Every person wants to think good for themselves and their country.

There is not a single person or a country who has all good qualities, there are also some bad. As Indians concerned that in India, there is poverty and unhappiness, and to remove that they keep which is good and throw out bad. If they find good in any other part of world adopt it.

T.W (80)

Title :-

Not every one is perfect.

Paragraph 2:-

In many parts of the country there are numerous superstitions exist, most of them are softer pleasing. Suppose you tell a scientist that you believe in certain superstition. The scientist instantly require evidence before he can accept it. He will want reasons to prove it. He want so many cases, it will pointless to quote some exceptions. Your superstition will not uphold investigation it may impress naive person, but could not accept the truth. Your case cannot be approved in judicature. A part from this the wise man always want reasons behind it.

T.W(93)

Title :-

Human believes on Superstitions.

Paragraph 3:-

Over-eating is the most common in people who think they can afford it. In fact some over eat to their disadvantage. The heavy meal "dinner" often taken shortly before sleeping is not being required to give energy to work, it can be converted into excess fat & overweight. So that evening meal should be taken 4hr before sleeping this prevent over eating & reduce cost of food!

T.W (65)

Title:-

After effects of over eating.