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No one can make you feel inferior without your consent.

Outline

1. Introduction
2. How inferiority complex hinders the way of progress.
3. How people compel others into an inferiority complex?
 - a) People usually exaggerate their success or achievement.
 - b) Highlighting every single progress on social media to make others fall into the trap of inferiority complex.
 - c) People try to dig into others' past experiences or failures.
4. How people give consent to others to make them feel inferior?
 - a) People do not think before they speak and give many loop-holes.
 - b) People do not rectify their mistakes and permit others to make their fun.

- c) People try to imitate others and lose their own charm.
- d) Individuals do not counter back the wrong statements and look timid in front of others.
- e) People do not try to progress in their lives and allow others to interfere in their ^{lives.}
- f) People give space to others to make them feel inferior by not putting them in their limits.
- g) People permit others to make them feel inferior when they do not hide their weaknesses.

5. How people prevent themselves from falling into inferiority complex?

- a) Self-improvement is the best way to avoid others making their fun.
- b) Avoid people who always try to make others feel inferior.

6) Conclusion

People permit others to make them feel inferior by giving them their weaknesses, loop-holes and failures. When people do not know how to put a full-stop on criticisms, they usually trap fall into the trap of inferiority complex. However, people can avoid this situation by taking some steps for self-improvement. Everybody faces the situation when they are triggered by negative remarks. However, the main issue lies when people do not know how to encounter the situation. When they fail to avoid themselves from

others to critiques, and they do not make themselves better from the previous version; they fall into the trap of inferiority complex. 'A Dolls House' is a famous play by Henrik Ibsen. In this play, a husband usually makes fun of his wife and makes her to feel herself inferior when his wife feels that it is her mistake to give him consent to treat her like a doll, she leaves the his husband. However, people should not allow others to make them feel inferior by putting some barriers.

Inferiority complex is like a disease which causes other problems to take a birth. Inferiority complex hinders the

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way of progress by stopping individuals to take some steps to move forward in life. A person can never achieve a big goal without the support of their loved ones. In case, if a person is degraded by his family members, he can never succeed in his life. That's the reason, mostly successful people give the credit of their success to their loved ones. Hence, a pushing hand is always necessary to grow further in life.

People usually have the aim of discouraging others by exaggerating their success. Success often makes the person proud who wants to show his achievements by topping

them with some fake flavour. However, it has negative impacts on the life of other people. Everybody is struggling in his life to fulfil his dream. But, when they see others are more successful and they are still struggling, people usually stop to pursue their dream. Moreover, it also compels them into a trap of inferiority complex from which they never try to escape. Hence, exaggerating success is a cheap way to make others feel inferior.

With the use of social media, it becomes very common to show others the luxurious life one is living in. However, it has many negative impacts on

youngsters who try to reach their level. Everybody has his own purpose in his life, and everybody has some easiness with some hardship. As Allah says in Quran, "Indeed, there is some ease with some hardship." So, it is absurd to compare one's life with others' life.

~~More~~ Moreover, social media is full of people who portray their fake life-style to push others' into a syndrome of inferiority complex.

People mostly try to dig into others' lifestyle to make them feel inferior. Everybody should have some private space which should be respected by others. However, it is the way

of pushing all people into their past experiences or failures, to stop them to grow in their life. TV channels, internet and online resources try their best to open up the Pandora box of some successful people. They are questioned about their past life-style before getting success; about their way of living ^{in abject poverty.} or ~~about their~~. Moreover, some leaders try to dig into the past experiences of their opponents to make them feel inferior or to make them embarrass. Hence, people try to take some negative points from others' past experiences.

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People give many loop-holes before they speak when they are speaking because they do not think before they speak. However, it is the poor trait which is reflected in one's personality. From that speeches, people try to abstract some negative points to make them feel inferior in an upcoming life. People should be concise and to the point when they speak.

It is well-said by Shakespeare, "Brevity is the soul of wit." Hence, conciseness and brevity should be adopted so that people could not take any point to criticize for criticism.

People do not rectify their mistakes and permit others to make their fun. It is the necessary for every individual to learn from their mistakes, and try to rectify them in future. However, if they fail to minimize their bad habits, people make their fun and try to push them downwards. However, it can be seen in any class or in any batch of some institution. Students who do not try to polish their skills, fall in inferiority complex projected by their parents, batchmates or teachers. Hence, it is necessary for every individual to adapt himself according

To the environment.

People try to imitate others in their daily life affairs and lose their own charm. However, every individual has his own aspirations, goals, aims and personality traits. It is useless to adopt others way of life. However, we can see great leaders who make their own way by following their own dreams. Florence Nightingale was a lady-nurse who broke all the stereotypes associated with nurse profession. She followed her own dream and became successful. Moreover, people try to make fun of those who have no goals in their

life. Hence, everybody should follow his own dreams or goals, and to prevent themselves from others or criticism.

People look timid when they do not counter back the wrong statements. However, it is obligatory for every individual to fight for truth in front of others. When people do not counter-back the wrong aspirations, they look timid, and it gives many people to push him into the zone of inferiority complex. However, if a country do not fight for its right, it will be neglected by its neighbours. Similarly, people from

Backward areas, ^{like Bangla,} usually feel themselves inferior, because they have no courage to come in front of others to present themselves in a better way. Hence, it is important to counter-back the false accusations and aspirations.

People do not try to progress in their lives and allow others to interfere in their lives. People give space to others to make their fun because they do not believe in themselves. They always look for some miracles happen to change their life. In this way, they give space to others to interfere in their lives by answering the questions about their failure. However,

it makes them feel inferior in front of others. As Allah says in Quran, "you will surely find what you will seek for" Hence, ^{when} people ~~should~~ ^{do not} try to make some progress in their life, they fall into inferiority complex.

People give space to others to make them feel inferior by not putting them in their limits.

Everybody has some secrets and some private privacy which should be kept private. Otherwise, people find it as a better opportunity to criticize others and make them feel inferior. However, many couples break their relationship

because they do not keep their secrets to themselves. As a result, they make themselves inferior in front of his/her spouse, and eventually break their relation. For example, in Tess of D'Urbervilles, Tess makes herself inferior in front of her husband, and eventually they get separated. Hence, it is necessary to make others not to cross their limits.

People permit others to make them feel inferior when they do not hide their weaknesses. However, it is very important to hide ~~or~~ weaknesses in front of others. Otherwise, people try to trigger

them on the basis of
that weakness. Every
weakness is somebody's
strength. So, it is useless
to trigger them on the
basis of their weakness.
However, in our society
people try to make fun
of girls who have bad
cooking skills. Even in
many households, cooking
skills are a parameter
to judge the goodness of
any girls. Hence, it
necessary to hide weakness;
otherwise, people fall into
inferiority complex when
they face bitter criticism
from the society.

Self improvement
is the best way to
avoid others making

fun of other their life.

It is necessary to put behind all your the failures and bad experiences and move forward in life. We have the best example of tortoise who do not forget his aim and keep moving until he succeed. Moreover, self-improvement paves the way for many other opportunities. Hence, it should be considered as a necessary factor to grow in life, and to avoid criticisms from other people.

People should always try to make
or people should always avoid those who make

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their fun. Such people have no goal in their life than to make feel others inferior. They always try to push people downward. Moreover, a company determines the security of success. As p Prophet (S.A.W) said, "a friend person can be known by the company he keeps." Hence, it is necessary to make good friends who always push a person towards his final goal.

In a nutshell, it is upto the people to avoid bitter remarks from others who try to make themselves feel inferior. It is

important for a person
not to give consent
to others to make
their fun by giving
them their weaknesses.

However, this problem
can be fixed by taking
some positive steps for
self-growth.