

Mashaal

Batch: OB-53

Name: Sidra Nasheen

ACADEMIC PARAGRAPH STRUCTURE

(Sub-heading: Negative effect of Social Media on Youth.)

Topic Sentence	The adverse effects of social media on today's youth cannot be overlooked.
Explanatory or Reasoning sentence	In the era of digital connectivity, the excessive use of social media has been found to have detrimental effects on the mental and emotional well-being of youth.
Supporting Point (1)	One of the primary negative effects of social media on youth is the constant exposure to idealized versions of other's lives, leading to excessive comparison and self-esteem issues. Young individuals often find themselves comparing their appearances, achievements, and lifestyles with those of their peers or influencers they follow online. This relentless comparison can contribute to feelings of <u>inadequacy</u> , low-self worth and an <u>unrealistic</u> perception of beauty and success.
Example (1)	According to a survey by <u>Common Sense Media</u> , 27 per cent are stressed out about how they look when they post pictures.
SP 2 (optional)	
Ex 2 (to be written if SP2 is given)	
Concluding Sentence	The prevalence of social media, with its detrimental impact on youth mental health, demands a reevaluation of how these platforms are used and regulated to ensure the well-being and healthy development of our future generation.

Relevance to youth?

write concisely

(No. of words 160)