

Paragraph Writing

Topic: Negative effects of social media on youth

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Social media, a powerful tool of 21st century, has ~~so~~ many negative effects on its users especially on youth and one of those effects is mental health problems.

Explanatory sent

They compare themselves with others, see bad news on it and at the same time isolate themselves from other people \rightarrow why?

Supporting sent

As they only see good part of others' lives, they compare their ~~the~~ negative part of their lives with others, which leads them to depression. Similarly ~~they~~ seeing bad news on it, cause anxiety about the future. And one thing that is ^{an} effect as well as ^a cause ~~at the same time~~ is isolation. As young people ~~like and prefer~~ to spend more time in isolation while using the internet, they get more depression and anxiety ~~out~~ of it.

Evidence

A report in the journal JAMA Psychiatry shows that young people who spend more than 3 hours on social media are more prone to

Conclusion

mental health problems.
Thus, spending more time on
social media is the ^{creates} ~~direct way~~
~~to~~ mental health problems. ^{for}
The young users.

Words: 166