

ACADEMIC PARAGRAPH STRUCTURE(Sub-heading: Negative effect of Social Media On Youth)

Topic Sentence	The rise of social media has, undoubtedly, effected the lives of youth & it has not been without negative consequences
Explanatory or Reasoning sentence	One prominent side of using social media is the detrimental effect on the mental & physical health of the youth
Supporting Point (1)	constant exposure to often unrealistic portrayals of others' lives lead to feelings of inadequacy, low self-esteem & depression
Example (1)	Due to this, the pressure to conform to societal standards and gain validation through social media creates an unhealthy obsession with appearance and popularity
SP 2 (optional)	Excessive screentime is addictive in nature causing more problems.
Ex 2 (to be written if SP2 is given)	It leads to sleep deprivation, reduced physical activity, obesity & impaired social skills
Concluding Sentence	Overall, social media maybe beneficial but its incorrect use among the youth has impacted them in a pessimistic & negative manner