**The negative effects of social media on youth**

Social media has many negative effects on youth .the use of social media has reached to such an extent that young people seems addicted to it .our society full of people sitting next to each other,not talking, staring at their phones.youth spending more time on social media than with their families.when they wake up,the first thing they check Is their social media accounts.Before they go to sleep, the last thing they check are updates.this shows that social media has not only affected youth but also their families and societal relationships as well.