

ACADEMIC PARAGRAPH STRUCTURE**(Sub-heading: Negative Effects of Social Media on youth)**

Topic Sentence	The prevalent use of social media can have numerous negative effects on the development of today's youth.
Explanatory or Reasoning sentence	Persistent use of social media can limit the physical activity resulting in unhealthy sedentary lifestyle. Additionally, it can have serious effects on mental health.
Supporting Point (1)	Constant exposure to carefully curated reels, showing glamorous and ideal lifestyle can lead to anxiety, depression and low self-esteem.
Example (1)	Multiple studies have revealed that the pervasive use of social media can lead to increased level of anxiety, depression, loneliness and, even suicidal thoughts.
SP 2 (optional)	
Ex 2 (to be written if SP2 is given)	

Concluding Sentence	Therefore, it is essential for youth to have balanced approach while using social media in order to ensure their well-being and healthy development.
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(No. of words 110)