

You cannot make an omelette without breaking a few eggs.

Outline

1. Introduction

Thesis statement: Ambitions cannot be accomplished without sacrificing, making hard choices, and enduring hardships. However, making a strategy and working accordingly can help to overcome the dilemma.

2. Supporting arguments

- a. Encountering setbacks help a person to be mentally and physically strong
- b. Making difficult decisions can direct to the belief that ambitions can be achieved
- c. Pursuing one's ambitions involves risk-taking which ultimately benefits a person in long run
- d. Making difficult decisions helps to resolve the issues the world is enduring which resultantly benefits humanity.
- e. Brings reforms and policy implementation requires several efforts

3. What are the positive outcomes of facing hardships

- a. Facing arduous times makes a man rigid, problem-solver, and foresightful
- b. Facing challenges focus a person to work with others and gain experience
- c. Enduring hardships helps to always adopt the attitude of gratitude.
- d. Sustaining precarious situations assist to feel the emotions of others

4. What are the negative outcomes of enduring hardships

- a. Taking risks sometimes turns out to be dangerous to one's life and for others as well
- b. Meeting difficult times for long can lead to burnout
- c. Taking risks involves people with ~~unrealistic~~ unrealistic expectations
- d. Developing the attitude of pessimism in a person
- e. Constantly confronting difficulties makes a man irresistible

5. How to overcome challenges in life

- a. Making a plan; how to deal with the precarious situation
- b. Adopting positive attitude helps to have a grip on nerves

6. Conclusion

The above discussion epitomizes fairly that facing challenges and hardships enables a person to achieve the desired outcomes.

Anything worthwhile can be achieved by making hard choices, facing challenges and having the courage to walk alone. Because pursuing passions involves risk-taking and one has to compromise on the relationship with dear ones. However, encountering setbacks makes a person physically and mentally strong and can make a person believe that goals can be achieved. Facing hardships inculcates the qualities of problem-solving, rigidity, being a true believer, feeling the emotions of others and assisting others when required. Moreover, enduring hardships help to grow and gain wholesome experience by working with others. Notwithstanding, taking risks sometime involves people with unrealistic expectations; developed an attitude of pessimism. Constantly confronting difficulties makes a man irresistible. However, making a plan, adopting optimistic attitude helps to get through the crisis smoothly.