

Q.2: Write a précis of the following passage and suggest a suitable title:

Basically, psychoses and neuroses represent man's inability to maintain a balanced or equated polarity in conducting his life. The ego becomes exclusively or decidedly one-sided. In psychoses there is a complete collapse of the ego back into the inner recesses of the personal and collective unconsciousness. When he is repressed toward fulfilling some life goal and where he is further unable to sublimate himself toward another goal, man regresses into goal structures not actually acceptable to himself or to the society. Strong emotional sickness of the psychotic type is like having the shadow run wild. The entire psyche regresses to archaic, animal forms of behaviors. In less severe forms of emotional sickness there may be an accentuated and overpowering use of one of the four mental functions at the expense of the other three. Either thinking, feeling, intuiting or seeing may assume such a superior role as to render the other three inoperative. The persona may become as dominant as to create a totally one-sided ego, as in some forms of neurotic behavior. All in all, whatever the type of severity of the emotional disorder, it can be taken as a failure of the psyche to maintain a proper balance between the polarities of life. Essentially, psychoses and neuroses are an alienation of the self from its true goal of self-actualization. In this sense the culture is of no consequence. Emotional disorder is not a question of being out of tune with one's culture so much as it is of being out of tune with one's self. Consequently, neurosis is more than bizarre behavior, especially as it may be interpreted by contemporaries in the culture. This interpretation avoids the sociological question of what is a mental disorder, since form of behavior which is acceptable in one culture may be considered neurotic in other culture. To Jung, the deviation from cultural norms is not the point. The inability to balance out personal polarities is.

(20)

## Simplifying Psychoses and Neuroses

In psychoses and neuroses, a man essentially becomes unipolar. He fails to maintain a balance in his life. Psychotic illness affects a man emotionally and he may behave like a wild animal. In some cases, any one of the mental functions such as thinking, feeling, intuiting or seeing might start to take control. The culture is not of much importance in such sicknesses as the person mainly struggles to work towards his goal while balancing his life. Therefore, neurosis is not about being deviant from cultural norms but rather a psychological anomaly.

words in : 300  
Passage

words in : 95  
Précis