

Batch: 053 online.

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Academic Paragraph Structures

Sub heading: Negative effect of social media on youth.

Topic Sentence: Like any form of technology, social media has both pros and cons. But the negative impact of social media on youth is significantly high.

Reason/explanation: The impact of high and longtime usage of social media is very detrimental to mental health of the youth.

Supporting point: In particular teenagers and young adults who spend excessive time on social media are more prone to develop mental health issues.

Evidence: According to "Social media and youth mental health", a research paper by "The U.S. Surgeon General's Advisory", adolescents aged 12-15 who spend more than 3 hours on social media encounter twice the risk of experiencing mental health symptoms like: depression, anxiety, loneliness, suicidal thoughts, etc.

Conclusion: Hence, It shows that social media may promote negative impact on youth's mental health.