

Batch 53

Name: Rubina

Negative Effect Of Social Media On Youth

Topic Sentence	Social media has become omnipresent since arrival of smartphones where everyone has easy access to internet that has highly negative effects on youth's life.
Reason or Explanation	Social media has negative consequences arising out of it in shape of cyberbullying, exposure to traumatic online content on social media showing violence and hateful posts contributes to increase psychological distress & causing harmful impact on mental health.
Supporting Sentence	There are generally raised in unhappiness amongst young people because of social comparison leads to negative emotions.
Evidence Examples	Young people who are addictive to social media are likely to report mental health issues raised in anxiety & depression. Further, use of social media platform at comparable rates ranging general population 70% middle age & older and 97% of young individuals.
concluding Sentence	Hence, social media platform creates situations where individual can be victimised. So there should be safe use of media by education of children & removal of harmful content to promote quality of life.

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