

Name Hafiza Tehreem Raza

Date _____

Negative effects Of Social media on youth

Topic sentence In the prospects of developing countries the negative effects of social media on youth is very huge concern.

Reason of explanation The reason behind, the use of social media can also negatively affects teens, distracting them, disrupting their sleep, exposing them to bullying and unrealistic views of other people's lives & peer pressure.

Supporting Point The major negative aspects of social media youth are, health privatization, and branding new diseases and increases FOMO and feelings of inadequacy, dissatisfaction, and isolation.

Evidence Point: In 2019 U.S was found more than 6,500 (12 to 15 years olds) youth, who spent more than three hours a day using social media might be at heightened risk of mental health like depression, anxiety etc.

Concluding point Hence the negative effects of social media we need to overcome the screen time for good and better health

Count 131 words!