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Negative Effect Of Social Media On Youth

Topic Sentence	Social media is especially very popular among the young. Addiction of social media have a serious impact on health.
Explanatory or Reasoning Sentence	Because the young are addicted to social media, they will sleep late to read news on facebook or chat with friends. Staying up late is really harmful to the health especially, the brain.
Supporting Sentence	If the young do not sleep enough, their health will be effected seriously. Their brains also will not work effectively and they will be in sleepy condition.
Example	In accordance with the bio psychological framework for the etiology of addictions and the syndrome model of addiction claimed that those addicted to use social networking sites experience symptoms similar to those individuals who suffer from addictions to substances or other behaviors.
Conclusion	Although using social media has many benefits in our lives, addiction to social media is not good. In order to avoid being addicted to social media, youth should more spend more time on other healthy activities.