

Title: Self-knowledge is the Base of Effective Relationships

People try to make interactions smooth with personality traits and skills but the imperative is self-realization and self-control. Some opine that one should like oneself before others; this statement carries weight but liking oneself is not possible without self-knowledge and self-discipline. Independence is the foundation of interdependence without independence we may not be able to sustain our relations. For effective interdependence the relations should be based on character and not personality, words and actions are not important in relationships but what we are. There are many traits that can make interactions better: one should be true, natural and independent. Before beginning any

relationship one should work on oneself and character.

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Precis words : 111

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Title: Reclaim Peace Through Art

Nizar Hassan was born in Machhad. He worked in TV then in cinema and made a film 'Independence'. The film ridiculed the Israeli stance on independence. He made a film 'My Grandfather's Path', in this movie he gave a message to Palestinians that do not get angry by the activities of Israeli army. They want us to be like them; find peace in art and literature. Nizar Hassan's film was broadcasted on Al Jazeera in three episodes. It laments Israeli occupation and is addressed to Palestinians.

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