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Q<sub>NO 84</sub>

Define gender based violence. Explain various forms of violence against women in Pakistan and devise some practical strategies which can be helpful in eradication of gender based violence from our society.

## INTRODUCTION:

Gender based violence refers to any form of harmful behavior, physical or emotional, directed towards individuals based on their gender. It predominantly affects women and girls, and also men, and boys can be victims. This kind of violence is rooted in unequal power dynamics and harmful society norms. It is essential to raise awareness, promote education, and establish support system to eradicate gender-based violence and create a safer and more equal world for everyone.

## Defination:

"Any act of gender based violence that result in physical, sexual or mental to women including such threats of a liberty whether occurring in public or private life."

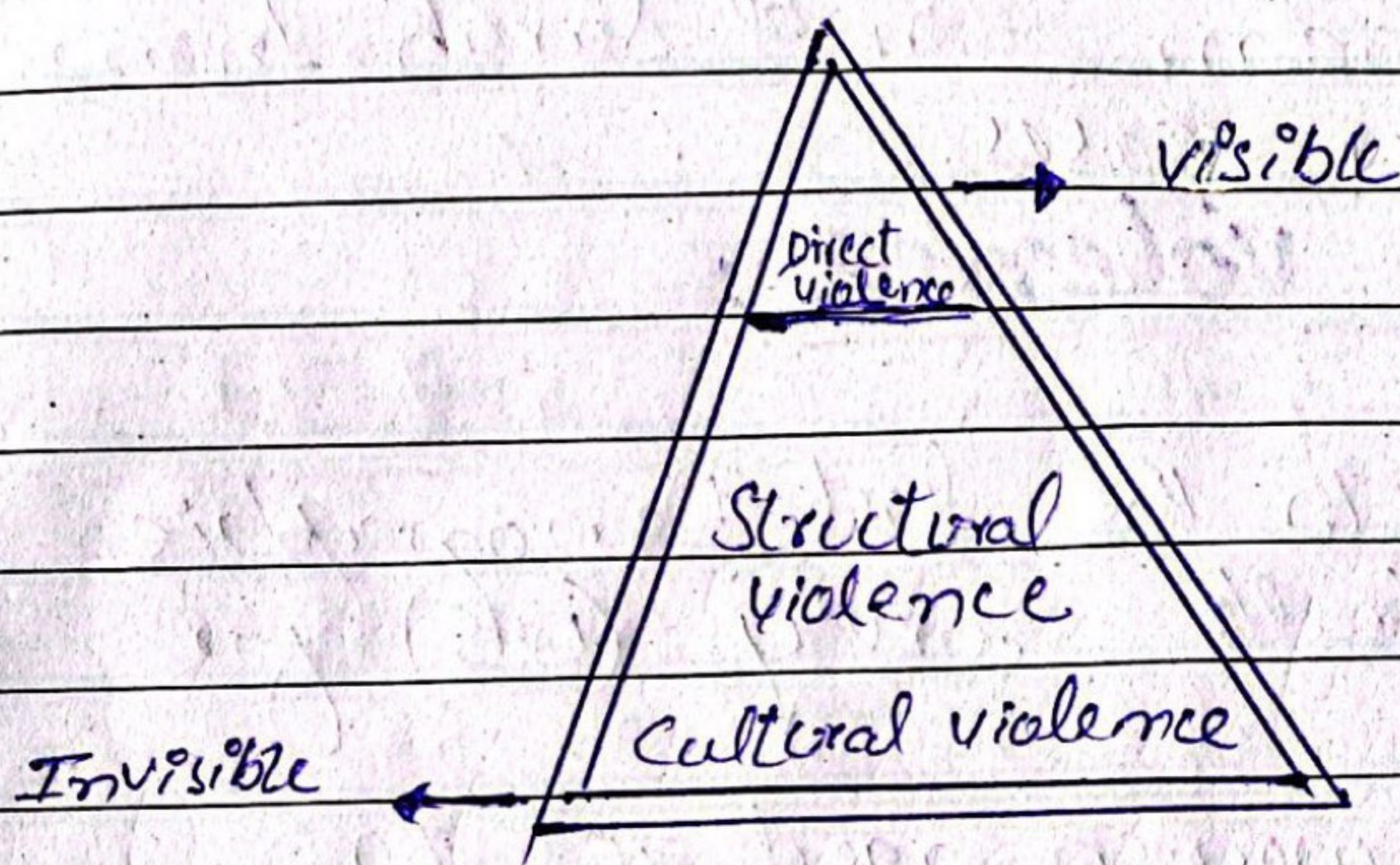
(UNITED NATION)

## Various forms of violence against women in Pakistan:

- |    |                               |
|----|-------------------------------|
| 1- | <u>Psychological violence</u> |
| 2- | <u>Physical violence</u>      |
| 3- | <u>Sexual violence</u>        |
| 4- | <u>Controlling behaviors</u>  |
| 5- | <u>Harassment</u>             |

## Concept : John Galtung

### Triangle of violence



### Direct violence :

Represents behavior that ~~is~~ serve to threaten life and to diminish one's capacity to meet basic human needs.

### 1- Physical violence :

According to survey almost 32% of women in Pakistan reported experiencing physical violence from their husband at least once in their life.

(Pakistan Bureau of Statistics)

## Example :

Killing, maiming, bullying  
assault, Domestic Violence.

## • Case Reference in Pakistan:

Noor Mukadam and Sarah Inam.  
Murder cases.

## 2- Sexual violence :

According to the last Demographic  
and Health surveys (DHS) for  
Pakistan

39% of women aged 15 to  
49 years - who had never been  
married - reported being subjected  
to intimate Partner violence.

(Report DHS)

## Example :

Rape, Intercourse

## • Case Reference in Pakistan

Zainab Amin Ansari

7 year old Pakistani girl, who  
was abducted in her hometown  
of Kasur, Punjab

girls are involved in wrong relationships

### 3- Harassment:

Islamabad based Alliance Against Sexual Harassment states that about ninety three 93% percent of working women, in both private and public sectors, knowledge being harassed.

### Indirect violence:

1. Structural violence:

2. Cultural violence:

1. Structural violence:

Represents the systematic ways in which some groups are hindered from equal access to opportunities and goods and services that enable the fulfillment of basic human needs.

• Controlling behaviors:

• Patriarchial Society:

In Pakistan women are totally depend on men.

## - Sexism:

In Pakistan usually women is treated less than a man.

## • Denial of Human Right:

In Pakistan the women's access to property, education, employment etc. remains considerably lower compared to men's.

## 2. Cultural violence:

Cultural violence is the violence which is present into cultural, tradition, social norms which is at least acceptable.

## • Psychological violence

### Example:

1. Jirga system in rural areas Sindh, Punjab, KPK and Balochistan.

2. Childhood marriage system in Sindh.

3. Female only stay at home (Patriarchial society)

4. Girls can not go school

5. 25% women & girl Emotional Abuse violence.

These all the cultural violence which rural areas women effected more in Pakistan due to cultural violence.

## Reference case in Pakistan:

- Qandil Baloch Muder case is the cultural violence case
- In Pakistan every year women are suffer for the cultural violence specially the rural areas.

→ 

Structural violence + cultural violence
INDirect violence.

## Strategies to reduce Gender based violence:

1. Adopt Laws that work
2. Make sure laws are implemented
3. Build partnership
4. Show strong political will.

5. Establish sound institutional framework
6. Completing of secondary education
7. Marriage age must be 18
8. Economic autonomy for every Pakistani.

## CONCLUSION:

In Pakistan many women suffer for the gender based violence. Pakistan must taken stronger steps to implementing laws to protect the gender based violence particularly women as it is 49.56% in Pakistan so half of economy based on these women.

**“WOMEN  
are the real  
Architects of  
Society”**

**(Cher)**