

Batch: 53

Name: Ali Shan

## ACADEMIC PARAGRAPH STRUCTURE

(Sub-heading: Negative effects of social media on youth)

Topic Sentence	The negative effects of social media especially on youth has greatly outweighed its benefits.
Explanatory or Reasoning sentence	The statistical data in this context suggests that the young adults who use social media are likely to suffer from emotional distress, anxiety, depression & in other extreme cases, self harm or suicidal thoughts.
Supporting Point	A curated world on social media leads to body dissatisfaction & low self-esteem among young people.
Example	The idealized / filtered images, relationship stories on social media create a distorted perception of reality. This develops among young people, unrealistic expectation about their relationships, success & happiness based on what is featured online.
Concluding sentence	Hence, the prolonged exposure to social media can detrimentally impact the mental well-being of young people.