

Paragraph Writing

Topic: Negative effects of social media on youth

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Social media a powerful tool of 21st century, has so many negative effects on its users especially on youth and one of those effects is mental health problems.

Explanatory sent

They compare themselves with others, see bad news on it and at the same time isolate themselves from other people.

Supporting sent

As they only see good part of others lives, they compare their ~~the~~ negative part of their lives with others, which leads them to depression. Similarly ~~they~~ seeing bad news on it, cause anxiety about the future. And one thing that is effect as well as cause at the same time is isolation. As young people like and prefer to spend more time in isolation while using the internet, they get more depression and anxiety ~~of~~ out of it.

Evidence

A report in the journal JAMA Psychiatry shows that young people who spend more than 3 hours on social media are more prone to

Conclusion

mental health problems.
Thus, spending more time on social media is the direct way to mental health problems.

Words: 166