

Q

Elucidate the current health status of women in Pakistan. What measures could be taken to improve the women's status as a whole? Support your arguments with suitable examples.

Answer -

Introduction

"Health is the first priority of human."

(Healthcare system, 2020)

Healthcare system of women in Pakistan is under grievance. Several lack of facilities lead to healthcare issues of women. Consequently, women health is in crisis. Therefore, some measures be adopted to improve healthcare system of women.

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An overview of Women healthcare system

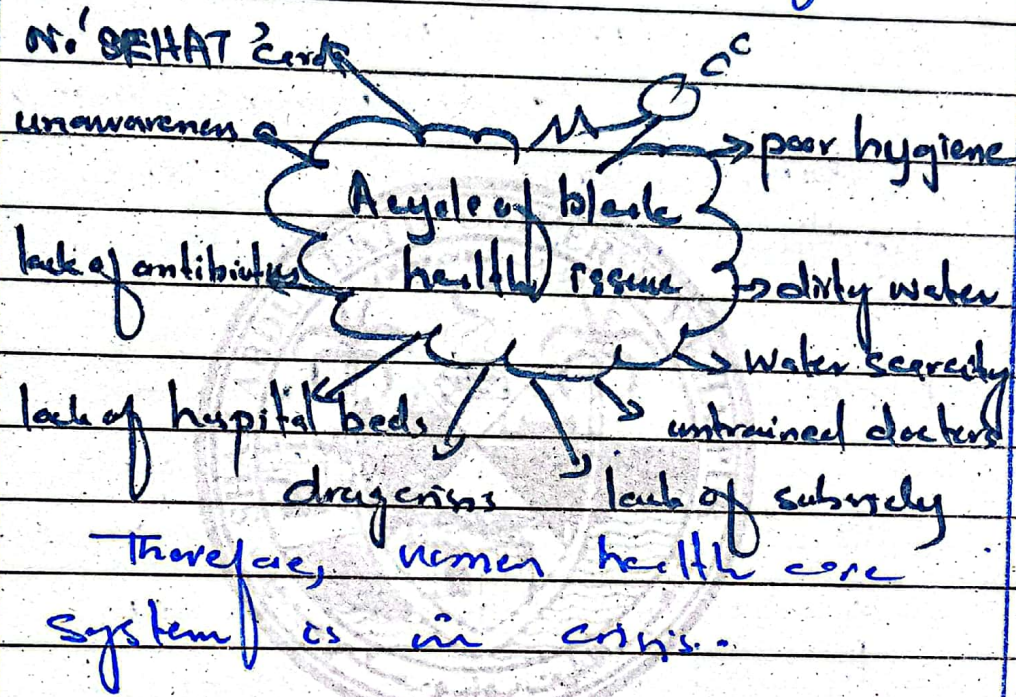
"Healthcare system of women in Pakistan need reformation."

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CUNDP Report, 2020

Healthcare systems of women in Pakistan is in crisis.

Several issues are prevailing in women healthcare system.



- 5-Min.
- a) Budget
- b) Solution
- c) Training

3-

Current Scenario of health status of women in Pakistan

Following is detail of it:

- a) Physically health of mental illness of women
Physical health of mental illness is prevailing in Pakistan. In fact, Women

healthcare system is under mental chaos. According to the World Economic Forum, "one-eighth of women in Palestine are under mental illness."

(- the World Economic Forum, 2021)
Thus, women are physical health of mental illness.

b) Women Reproduction Problems

Moreover, women are facing reproductive guidances. In fact, from pregnancy to birth of a baby, women are under suppression. According to the United Nations,

'About 4,800 women die in two-minutes due to pregnancy in Pakistan.'
(- the UN, 2023)

Therefore, women faces reproductive problems.

c) Untrained Medical Doctors and Staff

Further, untrained medical doctors and staff is also a threat to women's healthcare. Almost staff is untrained treating women in various areas of Pakistan.

"About 37% of doctors and medical staff require training to treat women."

(- UNICEF, 2023)

Thus, Women also faces untrained management.

d) Lack of health subsidy principle

Furthermore, women are deprived of health subsidy in Pakistan. More than half of population is rural-based needs subsidy in healthcare.

"Lack of health subsidy leads to about 3.1 million women

out of reach of proper
medical treatment."

- Faizal Bani, Life Style Recalibration, 2013

Therefore, women in Pakistan lack subsidy principles.

Current Women Health Issues

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Physically Health of
Mental Illness

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Reproductive Problems

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Untrained Medical Staff

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Lack of Health Subsidy

4- Complications on Women Health are
Following are some
implications:

01) Mentally Psychiatric in Women
Women goes under
depression. In fact, health
care system disrupts psyche

of women and women give
under psychosis.

'About 32.5% of women
in Pakistan are
mentally disturbed
during pregnancy
operations.'

(- The United Nations, 2013)

Hence, women under psychosis
is negative impact on
women health.

b) Plethora of diseases

Moreover, women, as
a result, suffer plethora
of diseases. In fact,
mentally disturbed leads
to several plethora of
diseases.

'Pakistan is among
those countries where
women are under
plethora of diseases.'

(- Hina Saleem, 2020)

Therefore, women suffer
outbreak of diseases.

S:- Suggestive Measures to improve health care system of women
 Following are Suggestive measures:

a) Sufficient budget of women health care system
 Adequate budget will help in improving women health status. As per WHO, women has a very low budget in health care system.

"Pakistan will take more than 10 years to improve women health care system by increasing its budget only."

(The United Nations, 2015)

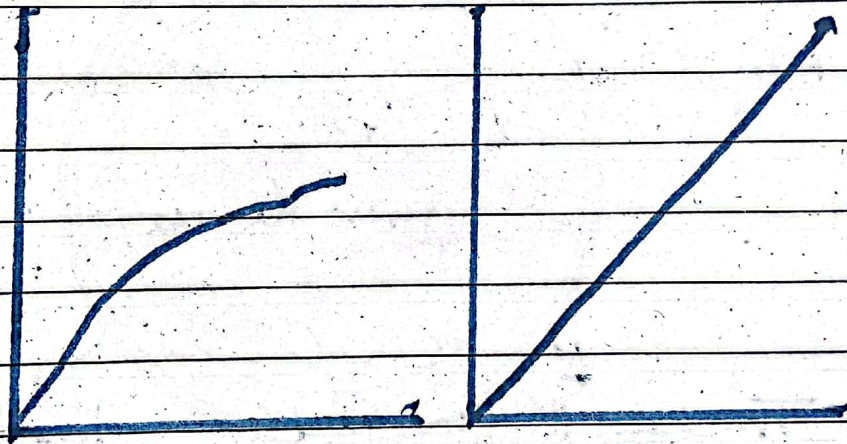
Hence, Pakistan should keep adequate budget.

b) Training of Medical Staff
 Moreover, training of medical staff will also help in improving women

healthcare system - Women face health issues due to lack of medical staff and trained staff.

"By training medical staff, Pakistan can improve women health care system by 60%."

(Faisal Bari, 2019)



Untrained Staff Trained Staff
 Hence, Pakistan arrange training facilities for medical staff.

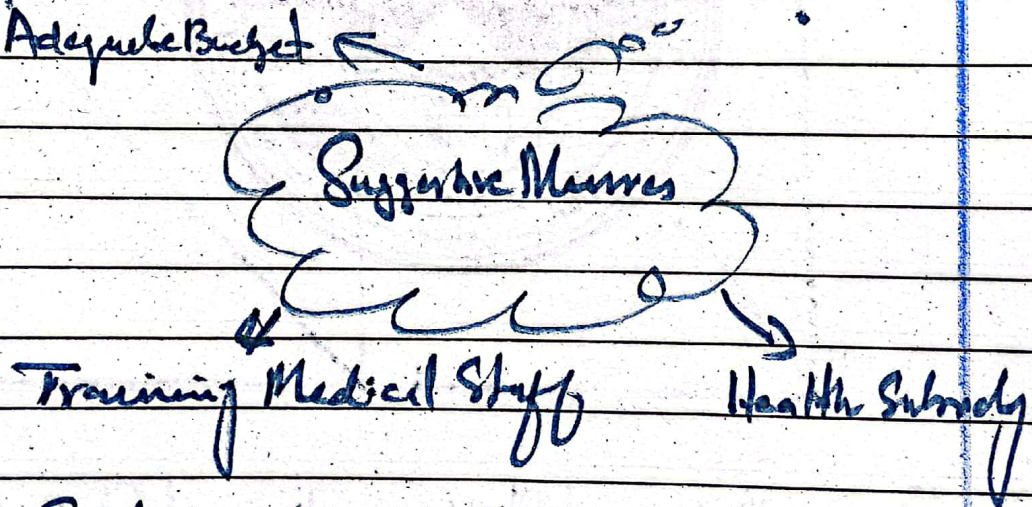
c) Health care Subsidy for women
 Further, health care subsidy will help in improving women status. In fact, Benazir

Income Support Programme (BISP)
has also helped in Women
health care system. According to
WFD Report,

"BISP in healthcare
women will be
beneficial for
health of women."

Therefore, promote health subsidy
in Pakistan.

Adequate Budget



6- Conclusion

"Health is wealth."

Status of health of women in
Pakistan has several hurdles.
Resultantly, women are under
oppression regarding healthcare.
However, suggestive measures
will help in improving
women status in Pakistan.