

Mental health challenges faced by educationists in Pakistan

Outline

1- Introduction: Thesis Statement:- Educationists have faced mental health challenges in Pakistan. Several mental health challenges such as, salary issue, licence problem, lack of subsidy etc are being faced by educationists. However, suggestives measures will help to curtail bleak outcomes of mental health stress faced by educationists in Pakistan.

2- What are mental health challenges?

3- Current scenario of mental health challenges faced by educationists in Pakistan

- a) Very low salaries: grievances to the educationists
- b) Lack of licence facility: the major demand of educationists
- c) Lack of health subsidy to the educationists leads to stress
- d) A huge burden of work prevails mental stress
- e) Fear of harassment to women educationists: enhances psychosis
- f) Lack of direct contact and meetings with educationists: Ministry of educationists
- g) Unresolved issues of educationists: the long-term psychosis

4- Implications of mental health challenges faced by educationists in Pakistan

- a) Flow of corruption and kickbacks as a result of mental health stress

- b) Ill-mannered activities: the threat to social norms
- c) Enhances neglect in responsibilities of educationists
- d) Threat to women educationists' mobility
- e) Mental stress leads to ineffective system
- f) Promotes dilatory management in outcomes

5- Suggestive Measures to curtail mental health challenges faced by educationists in Pakistan

- a) Increase salaries: handsome salary package
- b) Initiation of licence facility to educationists
- c) Provide health subsidy and special healthcare facility
- d) Encourage women's exclusive buses to ensure safe mobility
- e) Meetings with head of ministry: a platform of conflicts resolution

6- Conclusion