GOOD KEEP PRACTISING Why is accepting women's freedom hard for Orthodoxy? Outline 1-Introduction Thesis Statement: Even in 21st century, it is difficult for orthodoxy to admit women's freedom. This is because of the existing pationchal norms and lack of education in the society. If people with orthodox mindset are properly enlightened about rights and status of women in the so ciety, this attitude can be changed. 2-Prevailing status of women in the society: An Overview 3- Why women's freedom is unacceptable for osthodoxy: a - women are considered to be home servonts doing chores 6 - The unsafe environment at workplaces triggers orthodox people c-Prevailing honoured status of men in the society due to patriarchal mindset d- Religious extremist mindset fails to respect women's freedom e - Privacy concerns in Muslim cantries : Religious values and practices

I - Maternal issues of women g - Lack of proper education regarding women nguts h- Certain illegal and unlawful acts taking place in society concerns octudox people 2 - Wrong concept of Feminism incurrent society is intolerable, by conservative populace. 4- How this orthodox mentality affects Women status in the society? a - Women are considered less privileged members of the society: Low wages recognition 6 - Gencler discrimination at institutional and organizational level. c - L'inited role of women in decision making at governmental level d- Loss of motivation to work which results in limited quota for women in jobs. 5- What possible measures could be taken for convincing orthodoxy to accept women's freedom? a - Awareness about the nguts given to women by Islam " role of religious actors when adressing gender and religiously based inequalities 6 - Making sofe working environment for women: Rules and policies, SDG 5 and 10

c- Enhancing role of IT to ensure women safety: Tracking Apps and ease of assistance in emergency cituations. B-Conclusion

The for-reaching effects of Political instability in Pakistan. Outline : 1-Introduction Thesis Statement: Political stability is imperative for inclusive and sustainable national development. In Patistan, che to Political instability, it cannot bade well in all aspects of life . However, dealing with Pakistan's political matters in an efficient way will term helpful for controlling this issue. 2-The ongoing political scenarios in Pakistan: An Overview 3 - How political instability poses negative effects on Pakistan? a - Declining the heatty political environment chieto continos change of governments. b- Erosion of democratic auture c - constitutional deterrance has been declining d - Civil - Mittary Relations/Division: Resentment against military is on peak e - Pakistan relations with major powers are on verge: Lack of trust in government F- Judicial influence and Activism in Politics

9 - Palitical instability is clirectly propotional to the economic instability : bankruptcy industrial downfall , unemployments h - Decreasing Foreign Direct Investment (FDI L- Social contract has been waring : Social unrest , rangant comption, illetracy, sectorianism, wichning etunic divide 1- Killing the national integrity K - Escalating terrorism and extremism 4-Remedial Measures that can be taken to overcome political instability in Pakistan a - Enforcing constitutional laws in true sense b- Independence of judiciony : non-biased and metal jucticial system c- Civil-rulitary engagements d-Building the concept of national integrity e-Eutore of tolerance : decorum and respect of Portment f- Encourage public Pasticipation and work mutually for betterneut of Pakistan 5- conclusion