Pakistan's Catastrophic 2022 Flood: A challenge for Notional Food secusity 1. Introduction: Thesis Statement: Pakistan has been Joenny enormals work on BEF AND STRUCTURE challenges for its National Food security due to catastropic 2022 Flood. Flood causes destauption of coops and food storages which ultimately lead towards threat to food security. However, Flood damages can be controlled by taking preventive measures. 2. What is National Food security and how it is linked with Flood 3. Causes of catastrophic Flood in Pakistan a) Climate change has vised the intensity of rains b) Lack of storage capit opacity c) Deposestoation and its negative impacts on envisonment d) Illegal constauction in the course of tivers and water channels 4- How Flood poses chandlange 700 National Food security

a) Crops destruction due to Flood 5) Destauction of food stock & Dive Stock c) Massive immigration and lack of resources. d) increase in food demand compels government to import Tood. e) Agriculture land also damaged by Flood - Future threat. 7) intrastructure destruction slowdowns ochabilitation process 5- How Flood distruction can be controlled a) constauction of Dams and water Of Constituction case study of Japan. 6) How glood control can metigate challenges 700 National food security. a) Dams constructed 700 Flood control can also help in isoigation b) Forestration can provide food c) Romoval of illegal construction will provide more place for Agriculture. 7- Conclusion:

Pakistan, the worlds 77th most populous country is grappling with one of the worst climate induced governance and humanitaxian crisis. The country has received twice as much rain than the thisty-year average this year, totaling 390.7 millimeters. It has dama ged almost one third country, killed more than 1000 people and effected more than 33 million people. This showcases the havox which this Flood has caused to Patistan. Those are several recisons behind these Thools but major are, climate change has raised the intensity of pains, lack of storage capacity, deforestration and its negative impact on environment and illegal constauction in the course of overs and water channels. Floods not only destroys intrastoucture but it also poses threat to good security. Flood effect good security by destroying crops, food stack and live stack, It also causes massive immigration and lack of resources. This also increases food demand and compels government to import posse 700d. Moxerves it also effect agricultural land and infrastruction which

that slowdown the rehabilitation process and causes ruture throat to national food security. These effect can be mitigated by controlling Flood and Fox this puspose Inpan can be seen as case study. These preventive measure not only help in control of Flood but also help in Tood security by providing nates, which will be stored in Dam, to imigation. toestration can provide more Tada and ittegel removal of illegal construction will provide more land for agriculture b a nutshell, Pakistan has been gacing enormous challenges gos its national Food security due to catastropic 2022 Flood Flood causes destruction of coops and food storges which ultimately lead towards threat to food security However, Flood damages can be controlled by taking preventive nessures.

Based on the 1996 world food summit, Tood security is defined when all people, at all times, have physical and economic access to sufficient safe and nutritions Food that meets their dietry needs and Tood preferences for an active and healty life. (The world Bank). According to the world Bank there one four major dimensions of 700d security: Physical availability of tood, Economic and physical access to food , Food utilization and stability of the other three dimensions over time. As 7000d affects all these dimension, directly or indirectly, therefore it is a challange for National food security of a country, especially you the countries like Pakistan that are already facing shortage of food. According to the state Bank of Pakistan (a sepost in 2019), Pakistan despite baing vanked at 8th in producing wheat, 10th in once, 5th in sugar cane, and 4th in milk production, nearly 37% of households in Pakistan are good insecure. There are several causes of Flood in Paleistan, the chief among them is

that climate change has raised the intensity of rains Pakistan observes monsoon rains every years, but due to climate change its intensity has saised alaxmingly. The monson season, in Pakistan, status from July and lasts til september and it boings rainfall with it, but in 2022 it caused record branking sainfall in Pakistan. According to Paleistan Meteorological Department, Pakistan has received nearly twice as much rain than the 30- year average this year, totaling 390.7 millimeters. This shows how climate change has vaised vains which ultimately causes Float in Pakistan

Palistan does not have sufficient water storage capacity. The number of artificial leaks and dams is limitted in Pakistan due to which it can not storage excessive amount of water. As dams and artificial leaks are good sources to store rain water and the water come from river, but Pakistan has not paid heed to construct enough clams. Therefore, along with rain water, breakage of dam walls and leak banks caused Flood

in 2022. According to Blachistan Provincial
Disaster Management Authority (PDMA), 7 dams
have broken due to rains in Balochistan, while
many dams have been Filled with water. This
alaxming situation shows how lack of water
Storage capacity causes Floods in Pakistan.

As Pakistan has limitted water, depostsation and its negative impacts on environment casses change in weather pattern and results in Flood like menace. Foxests control envisonment by absorbing Coz, releasing or releasing water throug appration and avoiding soil esssion, but deforestration disturbs all these things and affects the envisonment. Pakistan has only 5.7%. Josest on its land which is already well below the recommended amount of 25%. due to which deforectsation causes severe effects on Pakistan. According to Global Falest watch, In 2010, Palastan had 648 kha of thee exer, extending over 0.74 , of its land area. In 2021, it lost 63-2 ha of tree cover equivalent of to 23.8 kt of coz emission. This illustrate how danger deforestration is dangerously affecting Pakistan.

is illegal constauction in the river bed and

water channels which increases the Flood destruction. The imagal construction in the ones bed and water channels distants the Flow of water and compet it to change its course which results in Ploats. Pakistan is India's low reparian country and receives 78%. of India's water inflow, whenever, there is low water level in Indian was he minimizes the water Flow in laterstan. This results in People constant their hotels or houses in these also , but with the rise in 7low sivers again Fallow the wed and cause distruction. According to office of Commissioner of Malakand, about 30 hotels at Kalam, Bahrain, Malakand Madain and fizagat mostly built on River SWAT's beds were destroyed and other so damaged by Flash gloods at uprecedented relocity. By this, it is avedent how Illegal constauction results in Flood. This glood not only results in infrastruction destruction, but also payse poses challenge 700 national Food security. Flood affects food security in several ways, thief among them is crops destruction due to zood. Pakistan is an agricultural state, of orculture contributes almost 24 per cent of its GDP, therefore, Crop destruction not only disturbs food availability

but also affects people's purchasing powers
which causes threat to food security. According
to Food and Assiculture Organization of
the United Nations "almost 4.4 million acres
crops area affected by Flood". This it is evadent
by this figure how glood affects crops and whitmedly
food security.

Along with exops destruction Flood also causes destruction of food stock and live Stak, which results is which raises challenge for National tool security. Monsoon / rains, specifically this year, are unexpectable that people can not take preventive measures bind As live stock contribute 57 1. in Assiculture sector and 12% in Pakistun's GDP, these fore, Heir death affects course good security. 30 to 35 million people are directly linked with live stock sector and provide meat and milk to whole country. According to Food and Assiculture Organization (FAO) of the united nations 872 K live stock perished due to Flood. By this it is clear how Flood poses threat to stational 700d searsity of Pakistan

In addition to this destruction

Flood also causes massive immigration of people from effected areas which affects their access to 700d, and other resources. Due to 2022 Flood almost one third country was under water and along with infrastructure destruction there was also water boone diseases which compelled the people to set their areas and move towards des lands, This massive immigration affected their access to good and resulted in threat to food security. According to Federal Ministry 700 planning, Development and Regions almost 33 million people were affected with the zor glood. This massive number of effectees shows how flood affects people access to good and results in a treat to good security. This Coop destruction and massive immigration put buildon on government and compel st to impost more food items. As pakistan is already Facing elonomic downfall it's not easy 708 Paleistan to impost more food. Pakistan is an impost based economy and its impost bill is more than so sillron dollar, but due to foreign reserves diplation lakistan currently has only 4.8 sollion dollar in its state Bank reserves, therefore, Pulastan can not afford more import due to which Palastan is facing food meeting it this situation

mitters Flori also causes intragtoucture destruction which results in slandown of rehibilitation process and exacestates people sufferings. Intrastaucture like soads, boidged and under passes, are also badly affected by Flood and separates the Flooded area Hom the sest of country, making it difficult 700 gresoment to approach these aseas and stast rehabilitation process. According to UN office too the coordination of Humanitatian Affairs (OCHA) "35 ookm of soads and 149 widges destroyed in Pakistan due to 2022 flood: This illustrates how Flood how damaged the governance process

Aforementioned catastrophe can be minimized by controlling flood, for this Sapan can be observed as ease study. Flood has been a key issue in Sapan's policy history due to its distinctive hydrological, climotological and meteorological conditions. Just like the liver Inclus, Japan's Shinano gama liver has also been a source of feeding agriculturae land. However, during extreme rains the averthains of the river poses an extrem threat. After each disaster the freentive Extreme Flood control Operation's Authority formulates new applicaches, stoategies and designs to analyse flood Frequency to mitigate the

Structural measures including good supplies stockpiling, construction of dams, exosion and sediment control chennels are put in place. This has chartically reduced the number of glad victims and gladed areas. In Japan, the pollowing three methods are used to control glood water; constant volume Discharge Method, control Method.

Japan has also constaucted and designed underground discharge channels. The Metropolitan Aven Outer Underground Discharge Channel also known as G-Cans- is the world's largest underground Flood water diversion system and was completed in 2009. The G-Cans system drains are linked by long undergound tunnels, through which excess water from heavy tainfall moves and is subsequently allected and released in reservoirs. These canals and ditches diverts vales away from populated greas and sirequard the urban and word settlements from Flooding in Japan, dam planning coupled with Flood Forecasting and "Extense Flood Control approations" have greatly mitigated the damage caused by gloods. Pakistan Should lead Toom the Inganese climate-resilient rehabilitation programs to combat. displacement

Planning. Development and Reform, Patistan's wheat import is up by 23454 in the First two months of the 2023 fiscal year and Patistan is expected to import 800,000 tons of wheat. This alaming Figures illustrate the haroc which Flood has caused to Patistan.

Along this catastrophe Flood also causes Future threats to Pakistan by damaging agricultural land Agriculture contributes 24 1. 9 Pakistan's Colop therefore, Floods poses great threat to National 700d security by damaging its agricultural lands. Almost one third country is under water and due to lack of resources Pakistan government is unable to remove this water due to which this land would not be ready 700 next season coop, wheat which is major contributes to rod. According to Federal minister for planing Development and Reform, Absen is ban, 45% of cotton cop has been destroyed, making it difficult to plant wheat or other staple coops, thus inflicting a heavy damage on the abable land in Paleistans. This shows how Flood is a challenge too wational tool security of Pakistan.

and good economy security challenges. These glood control measures will also help Pakistan to ensure National Food security. Being an agrasian country, Pakistan needs a proper irrigation mechanism, therefore contruction of dams will also provide Pakitan enough water 70% issigation. In this way, pakistan can provide water to those areas where rains are not abundant like that desett through canals from dams. Hence Dams can help Pakistan to control 72000 and provide water for irrigation. Dam water can trop be used in Toxestration which not only helps in improvement of envisonment but also provides sufficient food. Foxestration, AFoxestration migawaki foxest are techniques which can be used to increase green belt of Pakistan. Moseover, it also improves soil health and reduce land exosion and results in more assiculture production. Hence, Foxestation will be useful 70x Pakistan.

The 2022 Thood disaster has
shown that the majority of the damages
that were caused by the Flood waters were
due to unregulated construction, and belowpar usban and sural planning. There Toile,

accountability measures should be put in place; there is a need to empower local bodies to combat illegal construction along he sives beds and chinals. On the other hand, this tree space can be used to plant prest or for agriculture As this land is more gestile than the other, sue to previous year of sivers, hence, it can increase agriculture production. in a nutshell, 2022 flood has Laused enormous challanges for Pakistan's National food security. As this 7 lood is maily coused by human made catastrophe to the climate, therefore it can be controlled is at leaster minispated.

For this purpose dams ean be used and along this alot of other mathods can be adopted. But Pakistan has to do take immidiate actions otherwise it will face

good insecusity. The good thing is that pakistan has alteredy started this process like migwaki prests in labore.