

Precis 2011

Date 27/11/2022

## Psychological Causes of Unhappiness

There are various psychological causes of unhappiness. The most common cause that makes people unhappy is when they do not get something they wished for in their youth. They later ~~spend~~ spend their entire life pursuing that deprivation and still remain unhappy. Some people find pleasure and happiness through unsafe practices like intoxication that temporarily ~~ease~~ ease unhappiness and keep them distracted. ~~Beside~~ Besides them, some people take pride in being unhappy, which is hard to believe because no ~~one~~ man can choose to remain unhappy unless he does not know how to be happy. Then there are others who are convinced that they have seen everything in this world and, hence, there is nothing to be happy about. They believe that the more a person is unhappy, the wiser and more mature he is. ~~Due to~~ Due to this, naive people start to question about the genuineness of their happiness.

Word Count - 135

Idea and structure generally ok. Seems a bit long. Punctuation needs improvement. Avoid cutting.