

**TITLE:**

Benefits of early risers.

**PRECIS:**

Those people who wake up have enjoy when others who get out of bed. they complete their work. In morning mind is fresh and there is no distractions. They give maximum time to exercise, sleep and work. They complete their task in minimum time. They get refreshment when they sleep early in the evening. They wake up with good health. The earlier get more benefits than those who wake up late. The latter have no time for rest and did not complete their task. Some people become active at midnight. But nature benefited those who wake up early.

14

No. of lines of passage = 21

No. of words of passage = 19

(252)  
399  
Original = ~~133~~ words.

$$\frac{1}{3} = 133$$

precis = 95<sup>84</sup> words.