Day: MTWTFS Date:\_\_/\_\_\_/20 Pakistoni Women have the Same Chances as Men 6. Free healthcare checkups and amoreness comparanting are being provided to women. Hitroc. Various Anitiatives and aratook anizations work to protect and to support women. d. Job opportunities and wage nom to parity aligns more with and qualification more est Constitutions of iRaleistanuoli guaranteezemequal rights. esiting magpolitices have been been increased nom thice 5. Gender Equality in Pakistan faces persistent Challenges despite notable a. Educating sons over by daughters is a priority? b. Societal expectations and gender norms restrict. women to seek medical loss help. at histog rossel. c. women face fear of 4. Pakistasina Warnessarquipylimorparable lack resources in that to hinder women from. realizing their rights.

Day: MTWTFS anodad. Family and care-ging responsibilities are to women which makes mond them wess suitable for listings rigidla typing than men potential en Glass ceilings and limited blad access to executive voles and contribute to overall gender instellar dispositor probibit 6. Conclusion and Make precise phrases in outline Pakistani women mare the backbone boots society" said the great Pakistani lawyer and human rights: activists Asma Jahanger upmen in Pakistan menhave proved their capability of activing anything mens con. Education, Technology, Politics, and the Judiciary. Indeed Pakistani women have the same chances as men but the social constraints still hinder women's empowerment in Pakistan, which must be addressed with a holistic approach As a matter of fact women are builders of society when women are empowered the entire society benefits. As said by Stephen Hawking, its not about proving scientifically that men and women are equal It's more about agreeing that women are as capable as men Women in Pakiston can certainly be equals in the socio-economic and political domains But the road to this equality has its obstacles and challenges However, these challenges can be addressed through strong and

bold measures.	( rong/ni
Pakistan being the	e fifth
most populous country	
with population of a	
227m (492), female	
male), the majorite	is below
age 30, around 64%	
total population is	
Despite all this, Pakistan	
been ranked as the	
worst country in term	ns/ot
gender parity, placed	145 out
of 146 states, in	
Global Gender: Gap Rer	
Although it lights a	Women who
laid the foundation and made	of modern
makish Milater on a	
	1 2/10
as said by	
in his book the Gree	
and Ideas yet	
economic and political	al status
is for below H	
in Pakistan	Minach
One of the	maker
social injustice the	Rakistoni
women face is the	losser
educational opportunities	
of knowledge make	
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Date:\_\_/\_\_\_/20 Day: MTWTFS Plus, the momen ling in rural areas lack to get good medication because of poverty and feasibility. According to

and reporters of World Bank,

Pakistan has only a spente 0.5 (Faire 0.81) of God on health for last ten years, while WHO benchmark of health expenditure is atteast 61 of the GDP. The ignorance and lack of resources collectively results in the poor condition not women which impacts no their growth to be low men in the disage with the compromised inhealth imfordaties, women face extreme violence in the incine of and deep-rooted walteral and traditional norms. The Stereotypes and gender-based violence against women has suppressed their voice and ability to stand for themselves. They are forced to follow the customs and traditions monas no be fit

Day: MTWTFS the society A criteria is to be fulfilled for a summen to live. They have to satisfy other's expectations throughout their lives. Along theoly early 2028 mearly 32% women in Paristand suffered on cruelty. (UNFP) whether ither is main the name of honour killing, rejecting a proposal, asking for equal softs or of freedom. Hence, the lives of women in Pakistan are at stake begause of their inferior society of the societ are victims of domestic the victims of economic exploitation. The unges gap, difference in nature of jobs, the? discrimination the basis of gender et. women force all these on their daily basis. In our society, women are hired moreoverly according to their appearance. Women are considered as a commo dity or as an economic tal

Day: MTWTFS

Date:\_\_/\_\_\_/20\_\_\_

According to the survey of Gallup, in October 2023. Nearly 70% Females - graduates in The data shows the clear inequality between men and women even for the same work done by men and women, their latter of gets so lesser mage as well as no appreciation bemuse of the gender with the lack of equal wages and apportunities in job market women also have very less participation in legal and political representation. There are very mome in the parliament who have won the elections on their own on party tickers The limited political role of upmen legislatures didnot gen space for them to stand for the women to be the voice of all women and to address their problems. This unfair disadvantage have serious short - and long term

Day: MTWTFS Date:\_\_/\_\_\_/20 women have suffered Government programs have been providing between healthcare and checkups and women to benefit from for there overall well-being. Such as the some dictions of e-health services through personal identification Locards. The Schat Sahulat Program, zorkan-mount considered one of nothe sobiggest Machievements by Palistans thealthouses suprem. This initiative thas decreased the burdenment - healthcare expenses and tingreased no access to a healthcare of services. sea When of the comes a to the . co Gender Based violence to hinder that various programmes and organizations gare working in order to protect and support Lewomer. There are number and of NGOs working with women and too protect and promote their human rights. Hobedari 1500 an DAGO working error foresided the rights mot momen and children since 1992. This helps women to empower themselves and rencourages

Date:\_\_/\_\_\_/20 Day: MIWIFS them for a new healthy start. some opportunities in the job market Pakistan has enhanced the female labour force participation as Purpate Government hainhaduced special allocation budget sonfores but also the Government has launched the Youth Business Loan Scheme, 50% looms reserved for females. According to a report by International Jabour Organization, the number of widmen in the workplace has To sum up, Pakistan has in terms of skilled workforce by providing equal chances to As far as the lesser participation of women in legal and political representation, constitution of Pakistan 1973, accirantees equal rights to men and women For women's representation, there would be

		_
,	33/ representations of a worder in	
	all later sector poorts	_
	Practices Act 2014, Punjab). Moreover,	
	the number of unmen in	
	the National Assembly has	
	increased from 12.1 in 2000	
	to 16% in 2022, In short	
	women in Pakistan have the	
	Contribution was field of politics	
	anidrojsi publica administration by	
	acquiring some chances as men.	
	However, despite notable	
	progress, Gender equality in	
	Pakistan so is and myth Even	
	if the education is now equally	
	accessible for both men	
	and a women still in Pakistani	
	society educating sons over	
	daughters is a priority as	
	women are considered a	
	temporary person living with	
	family in context of soner	
	or later they will get	
	married and move to other's house but son is like	
	head of house and his	
	education is far more	
	important than the daughter.	
	A survey by Crallup showed	

that 063:/ of publich believe edic This indifference on preferrings? son's reducation deprives daughters to ord have nothe education and topoorgetai independent. This be limit their chances . How lead is of successful alife des just because of the gender inequality todato ud soits Another social injustice refaced 29 by women that they failor to 19 get proper medical ocare tiloreven sit the government is providing free cherrips and awareness campaigns, the societal expectations and restrictions women donot let them seek medical help such as a male doctor, even if it's for barbongeneral checkup plus the lack of awareness about delaying the checkup until it of gets yorst specifically in rural areas. The issues of women's health remains the same which not only affects their physical health mentally. Hence gender norms

Date:\_\_\_/\_\_\_\_/20\_\_\_

	restricts women. The HIV cases
	in Pakistan in women has
	raised from 9000 in 2010
	to 49,000 in 2022 (UNAIDS).
	If some believe that
	Gender based violence and
	domestic violence can be
	controlled with the NGOs
	or other programmes, they cannot
	ignore the tact that the
	brutal customs and traditions
	has confined the role of
	women within the four walls.
	Women donat have a voice
	of their our. The patiarchal
	society of Pakistan makes
	wamen so numb that they
1	donat even know what their
	rights are they get so
	used to it that they make
	it a part of their lives.
	This is a biggest barrier
16	in the way of gender
	equality as women fear to
	speak for their own right.
	The pressure from family or
	intimate ochoatives pinder i three
	from their equal stocks.
	TION THE COLOR

Likewise, the lesser job opportunities for women although there are different of programs launched and Idansia Mikelerved ni focoo Boment but the implementation never tack place which makes the injustice still happen. women solare associated with me family thank love-giver, To all withe presponsibilities and a house tist basically ton the shoulders of women and considering 9/4 this 9 th women to give eless suitable than men because they cannot balance work and home whereas men is free from all house cares he will be more obeneficial. That's on the mindset of a our society which bounds the women, pushing them to subservient roles. In this way, women's economic empowerment gets limited. Similarly, the gender gap due to which women tend to earn less than men no for some of work. The gender pay gop in Pakistan is 34% (ILO Global Wage Report, 2022/23).

Date:\_\_\_/\_\_\_/20 Day: MTWTFS supports her in achieving her dreams.
Pakistani society, by recognizing and addressing these challenges, can move toward a more equitable future where both women and an have equal chances to thrive and reanthibuted toliastherenations growth is and of prosperitory of "No Nation can rise to the height of glory unless your women are side by side with you."